

12. *If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him* (Jas. 1:5).

13. Resolution Making Guidelines:

- Ask God to give you the strength to persevere.

14. *I pray that out of his glorious riches he may **strengthen you with power through his Spirit in your inner being...*** (Eph. 3:16).

15. Resolution Making Guidelines:

- Find a cheer-leader.

Study Notes

DISCUSSION

1. Where do you fall in the stats?
 - a. I don't make New Year's resolutions
 - b. I make New Year's resolutions
 - c. I give up on my New Year's resolution within 6 months of making it
 - d. I follow through on my New Year's resolution
2. Why DO we make New Year's resolutions? What's the point in making them if most of us don't keep to them?

BIBLE

3. Read any or all of the following bible verses and passages to discover bible characters who made resolutions of their own for a particular reason: Dan. 1:8; Matt. 1:19; Acts 19:21; 1 Cor. 10:14–32; Col. 3:12–17; 2 Thess. 1:11. Notice any themes?!

4. Read Mt. 5:33-37. How do resolutions compare to oaths? Why is keeping our word (day in and day out) so important to Jesus?

APPLICATION

5. A 19 year-old Jonathan Edwards penned these words as a preface to the 70 resolutions he made with God for his life: "Being sensible that I am unable to do anything without God's help, I do humbly entreat him by his grace to enable me to keep these resolutions, so far as they are agreeable to his will, for Christ's sake." Even in this there are 4 more guidelines for making resolutions (in addition to Rob's four guidelines above. They are: Resolve sensibly. Resolve God-dependently. Resolve humbly. Resolve for the sake of Christ (Ligonier Ministries). Discuss and apply.



SUNDAY JANUARY 8, 2017

SUNDAY WORSHIP @ G. W. Graham Secondary School
45955 Thomas Rd. Chilliwack
10:30 a.m.

CHURCH OFFICE @ 45668 Storey Ave. Unit #4
Chilliwack, BC V2R 3E4 **Tel:** 604-824-1267
Office Hours: 9 a.m. – NOON, Mon. – Fri.

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Check us out online at: **www.crossroadscommunity.ca**

KNOW *Sunday Morning*

KIDZONE: Nursery meets in LIBRARY | PRESCHOOL- K meets in C183 | Grades 1-2 meet in C177 | Grades 3-4 meet in C175 | Grades 5-6 meet in C174. *Kidzone* is dismissed after the first set of worship music.

YOUTH (grades 7-12) meet in the DANCE ROOM (left at the top of the foyer stairs) – AFTER the second set of worship music.

ADULTS meet in the small gym.

GROW KIDZONE: Coming Soon: FUN IN THE SON 2017!

YOUTH: *Thursday Jan. 12, 7-8:30 p.m.* SMALL GP. NIGHT – girls @ Rahnborn's (5488 Teskey Pl.)/boys @ CBC (46336 First Ave.)

ADULTS: LIFE GROUPS. Please contact your LIFE GROUP leader to find out when your group is restarting.

MENTORING MOMS + MENTORING DADS: NEW! It's tough being a parent these days! It helps when we can connect with other parents, learn together, act as resources to each other, and pray for one another. MENTORING MOMS (led by Jackie Ayer) will meet on *Saturday Jan. 21* and MENTORING DADS (led by Rob Ayer) will meet on *Saturday Jan. 28*. Both groups will meet at the church office, 9-10:30 a.m.

LIVING PROOF LIVE: *Beth Moore*. January 27-28, Abbotsford BC. Contact Heddwen Braun at 604-316-3151 or at heddwen.braun@gmail.com FMI.

2017 DEEPER LIFE SERVICE. We'll be meeting with our sister churches (*Eden Mennonite* and *Yarrow United Mennonite*) for our annual collective worship gathering at Eden on Sunday Jan. 29, 10:30 a.m. LUNCH to follow (no evening service). CBC + MCBC will be leading the service!

CCC WOMEN'S RETREAT: *Feb. 3-5, 2017@ Sunshine Valley*. Registration information is @ the INFO. TABLE. Space is limited. Register today!

GIVE Please contact Erin, Greg, or Rob to do a GIFTS INVENTORY (or go online at gifttest.org) to see how you might use your gifts in service of others!

Ways to Give:

1. CASH or CHEQUE. Take an offering envelope from the INFO. TABLE, put your name on the envelope (to be receipted), and place your offering in the offering basket during the worship service.
2. PUSH PAY—on our website (under GIVE) or download our CHURCH APP.
3. PRE-AUTHORIZED DEBIT. Pls. contact *Barb Kolkman* at barb@crossroadscommunity.ca for more info.

GO 2017 MEXICO TEAM: *Initial Interest Meeting* – Jan. 15, 12:15 p.m. in the DANCE ROOM! Deadline for *Team Applications/First Team Meeting* – Jan. 29, 7 p.m. @ the church office. Contact Greg FMI.

HAPPY NEW YEAR!

2017: The Starting Block

Sunday Jan. 8, 2017

1. New Year's Resolutions - Soft Stats: half of us (on average) make New Year's resolutions - half of those give up their resolutions within the first 6 months of the New Year - only roughly 10% of this 25% are successful at keeping to their resolution to year's end.

2. *New Year Recap:*

- God has a plan for our lives.
- God has and will walk with us.
- God knows us and loves us.
- God invites us to participate with Him in the story He's telling of love and hope.

3. Strategies for successful resolution keeping:

- Make one resolution, be specific and focus on it.
- Attach a specific behavior to it. Make it measurable.

4. KISS: Keep It Short and Simple

5. SMART: Specific, Measurable, Agreed Upon, Realistic, Time-Based.

6. Strategies for successful resolution keeping:

- Practice. Take the time to work on your resolution.

7. Keeping to our resolutions will be hard to do if we aren't convinced of WHY we do them.

8. What Spiritual New Year's resolutions might we make as we push out from the 2017 starting block?

9. Resolution Making Guidelines:

- Be encouraged: you're not alone!

10. *I can do everything through him (Jesus) who gives me strength (Phil. 4:13)... If a man remains in me (Jesus) and I in him, he will bear much fruit; apart from me you can do nothing (Jn. 15:5).*

11. Resolution Making Guidelines:

- Ask God for the wisdom to make a God-worthy resolution AND for the wisdom on how to fulfill it.