

## Worth-Shape

*Worship Through the Bible: Part 2*

Sunday Nov. 13, 2016

1. How did Jesus worship? And what did he say about worship?

- He participated in traditional religious rituals
- He sang songs with his disciples (Mt. 26:30)
- He went to synagogue (Lk. 4:16, 17)

2. *"You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. Yet a time is coming and has now come when the true worshippers will worship the Father in spirit and truth, for they are the kind of worshippers the Father seeks. God is spirit, and his worshippers must worship him in spirit and in truth"* (Jn. 4:22-24).

3. Worship *in truth*: worship Jesus. Worship *in spirit*: with a heart that desires God.

4. What are you learning about Jesus these days?

5. Where's your heart at these days?

6. *They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer... they gave to anyone as he had need... they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God... (Acts 2: 42-47).*

7. *...offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship (Ro. 12:1).*

8. How do we give our bodies as worship to God? Eat sensibly. Exercise regularly. Get enough sleep. Abstain from drunkenness (Eph. 5:18) and sexual immorality (Mt. 19:4-5; 1 Cor. 6:9-11; 18-20; Ro. 1:24; Gal. 5:19; Eph. 4:19; Mt. 5:8; Ps. 24:3-4).

9. How do we give our minds as worship to God? Take every thought captive and make it obedient to Christ (2 Cor. 10:5). Choose to think on the right things (Phil. 4:8).

10. How do we give our emotions as worship to God? Don't let the sun go down on our anger (Eph. 4:26). Consider our trials a joy for the maturity they produce in us (Jas. 1:2-4). Give thanks to God in all circumstances (1 Thess. 5:18).

## Study Notes

### DISCUSSION

1. How do you best enter into worship: singing, time in creation, rituals and symbols, prayer, solitude, acting against injustice, caring for others, reading the bible, reading to books relating to the bible, podcasts, videos... something else?

2. How do you prepare for worship on Sunday morning?

### BIBLE

3. Read John 4: 21-26. What are your thoughts on "spirit and truth?"  
Read John 4: 39-42. How did the Samaritan woman respond to Jesus?

4. Read Romans 12:1-2. If offering our bodies as living sacrifices means giving God our body, mind, and emotions then how does v. 1 relate to v. 2? What **does** it mean to give our whole selves to God and his kingdom?

### APPLICATION

5. Rob challenged us on Sunday to do something this week to learn more about Jesus – to expand the worth that we give to Him – to warm our hearts towards Him. What will you do?

6. Reflect and identify a way or two from this past week where your inner faith has not matched your outer behavior. Thank God for pointing it out. Thank God for His forgiveness. Seek or grant any related forgiveness.