

# GROWING YOUR 'WHY'

*“ Now go in my authority and make disciples of all nations, baptizing them in the name of the Father, the Son, and the Holy Spirit. And teach them to faithfully follow all that I have commanded you. And never forget that I am with you”*

# OUTLINE

1. Know Whose you are
2. Know Who you are
3. Seek Generative Love
4. Overcome your '*Fear of man*'
5. Travel light
6. Sabbath rest
7. Rally Point
8. Abide in Jesus

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GROWING YOUR WHY

# REVIEW



## Knowing your '*Why*'

- Getting Clarity
- Audit

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GROWING YOUR WHY

# 1. KNOW WHOSE YOU ARE

*And so that we would know for sure that we are his true children,  
God released the Spirit of Sonship into our hearts —moving us to  
cry out intimately, “My Father! You’re our true Father!”*

Galatians 4:6 The Passion Translation

*It’s amazing who we become and what we can do  
when we know God loves us. Gayle Erwin*

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## 2. KNOW WHO YOU ARE

A New Creation. *2 Cor. 5*

The Body of Christ. *1 Cor. 12*

1. True vs. Toxic Identity Messages
2. Useful tools (Why guess, when you can assess)
3. Know & address your shadow side

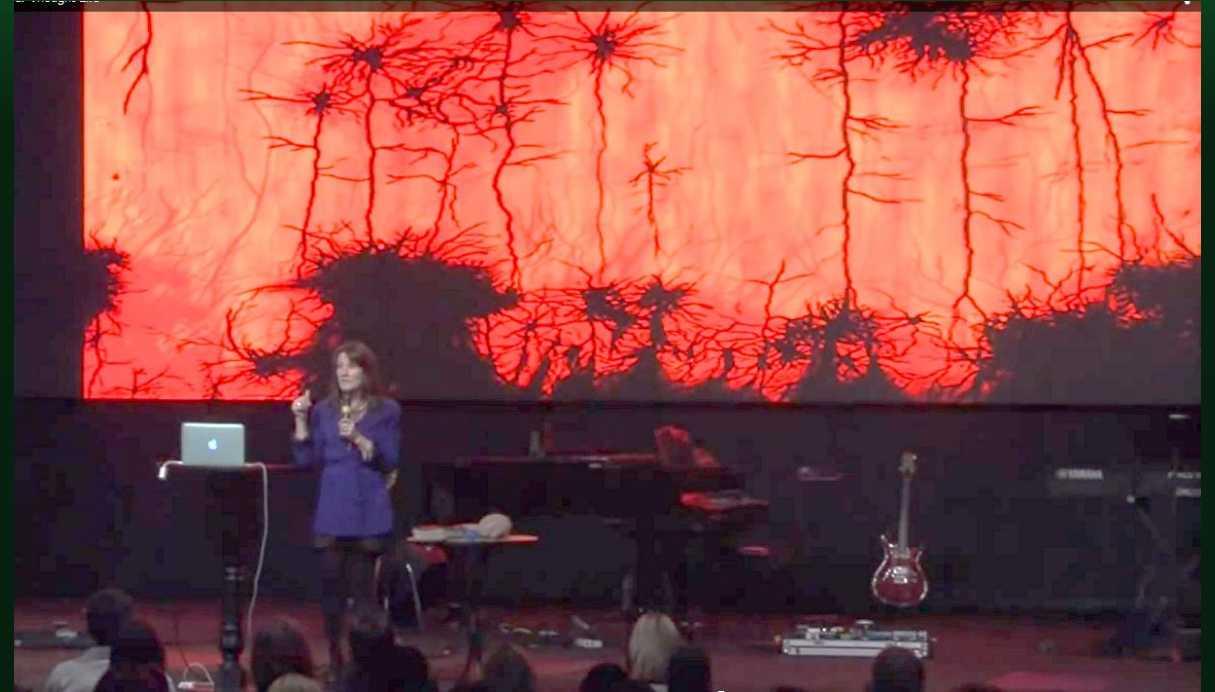
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### 3. SEEK GENERATIVE LOVE

*“be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God’s will...”*

Romans 12:2



*Dr. Caroline Leaf – Cognitive Neuroscientist*

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### 3. SEEK & GIVE GENERATIVE LOVE (AVOID PALLIATIVE LOVE)

1. Acceptance – where you're at / what you're experiencing
2. Affirmation – who you are in Christ
3. Spacious / Understanding / Forward moving / Judgement Free / Advice Free / Safe

*“Therefore we no longer regard anyone from a worldly point of view”*

2 Cor. 5:16

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## 4. OVERCOME YOUR “FEAR OF MAN”

*“Before you are known as a man or woman of God,  
you’ll first lose your reputation as a person”* Lorne Cunningham

Our calling is:

1. Bold
2. Requiring
3. Inclusive
4. Heroic



*The fear of man lays a snare, but whoever trusts in the LORD is safe. Pr. 29:25*

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## 5. TRAVEL LIGHT



1. *Confess your sins to one another*
2. *Grant and seek forgiveness*
3. *Bear one another's burdens*

*let us throw off everything that hinders and the sin that so easily entangles.  
And let us run with perseverance the **race** marked out for us.* Hebrews 12:1

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## 6. SABBATH REST

*Sabbath is for renewal, worship,  
recovery, relationship*

1. *Daily*
2. *Weekly*
3. *Monthly*
4. *Yearly*



*Life is not a Marathon  
it's a series of **Sprints**  
with necessary recovery in-between.*

*Jim Loehr*

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## 7. RALLY POINT

Have a clear concise Mission Statement to rally to

1. Connecting regularly to it
2. Celebrate your wins and bright spots
3. It accurately reflects you

*“Let us run the race.”* Hebrews 12:1

*“Helping you flourish.”* Jim 1:1

## 8. ABIDE IN JESUS

1. Real service grows out of relationship...
2. Discipleship that helps you Abide

*“I am the sprouting vine and you’re my branches. As you live in union with me as your source, fruitfulness will stream from within you—but when you live separated from me you are powerless.”*

John 15:5 The Passion Translation

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