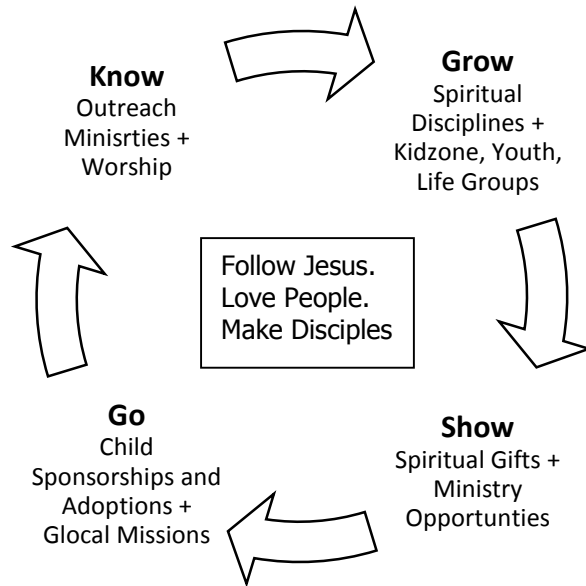


Series: Disciple

Part 8: Worshipping God

Sunday Nov. 22

1.



2. How do we *ascribe worth* to God?

3. We ascribe worth to God through praise.

Praise is the exuberant and enthusiastic expression of our love and adoration for God.

Footlocker commercial: www.youtube.com/watch?v=fdwb-2JvtI8

4. We ascribe worth to God through meditation.

"Meditation is the activity of calling to mind, and thinking over, and dwelling on, and applying to oneself, the various things that one knows about the works and ways and purposes and promises of God." J. I. Packer

Micro-meditation: PRAY. READ. THINK. APPLY.

5. We ascribe worth to God through the choices that we make.

6. We ascribe worth to God by serving Him.

Study Notes

DISCUSSION

1. How might you define worship?

2. What are the benefits of private worship? What are the benefits of public worship? How important do you think it is to balance private and public worship?

INTO THE BIBLE

3. Read Psalm 103. It seems like King David instructs his soul, the Lord's angels, and the heavenly host to "Praise the Lord." What's up with that?

4. Select a Scripture passage as a group (maybe Gen. 1:3-5?). Do a micro-meditation: PRAY. READ. THINK. APPLY.

5. Here are some of the commands of Jesus to his followers:

- Follow me (Mt. 4:19)
- Keep your word (Mt. 5:33-37)
- Go the second mile (Mt. 5:38-42)
- Love your enemies (Mt. 5:44)
- Practice private spiritual disciplines (Mt. 6:1-18)
- Honor your parents (Mt. 15:4)
- Make and baptize and teach disciples (Mt. 28:19)

How might obeying these commands benefit you? How might ignoring them hurt you? What do you think Paul means by saying, "Everything is permissible but not everything is beneficial" (1 Cor. 10:23).

APPLICATION

6. When might be the best, undistracted 10 minutes of your day to meditate on the nature and work of God – by reflecting on your day or by roaming the Word?

7. What do you do that is like Jesus? How is this an act of worship? What other things would you like to do (or you've been thinking about doing) to be like Jesus? Can you imagine them as worship?