



Beyond Sunday

Sermon Study Series

Engage

When you hear the word “meek” what do you think about? Share about a real person whom you know that you would call meek.

Have someone briefly review what they remembered from the sermon

Learn

The Text

1. *Read Matthew 5:1-10. How do you think “the meek” in 5:5 relate to the other qualities mentioned in the Beatitudes.*
2. *Read Psalm 37:1-11 and underline the qualities that you think are related to being meek.*
3. *Read Matthew 11:28-30 and 1 Peter 2:22-23. What do each of these say about Jesus and his meekness?*

Deepen

Why is it so difficult be “the meek” in your context (ie. work, school, family)? What do you think the opposite of being meek is?

How do you think Jesus cultivates meekness in people?

When you are challenged or opposed what “impulses” do you feel within you? How can you cultivate meekness in time like this?

Pastor Keith suggested that to inherit the earth means to rule the earth and fill it with a knowledge of the glory of God. How do you agree or disagree. What else might it mean?

Live

What is one thing you can do this week to fill your school, work, or home with God’s glory through your own meekness?

Quietly pray through the Litany of Humility (below). Make notes on the specific lines you feel God stirring in you. Then come together and share them with the group.