# St David's United Church

Growing & Deepening our Spiritual Lives in Community
February 21st, 2016 Upcoming Events

<u>Lent & Easter &</u>
<u>Music Services</u>
during the Lenten Season

#### **February 21st**

7:30 pm Evening Compline

#### March 20th,

Palm Sunday

#### March 20th

7:30 pm Evening Compline

#### **Maundy Thursday**

Potluck Supper & Service 6:00pm

#### **Good Friday**

Service 10:00 am

#### March 27th

Easter Sunday
<a href="Easter Party">Children's Easter Party</a>

Music by combined choirs and orchestra

#### **ACTS LENTEN RETREAT, 2016**

Something to Anticipate This Year Mount St. Francis Retreat Centre Cochrane, Alberta <a href="http://www.mountstfrancis.ca/">http://www.mountstfrancis.ca/</a>

Mark your calendars!

Sunday February 28th
11:30 AM - 4:00 PM
Theme: "Opening the Jubilee Door:
A Focus on the Ecological Spirituality
of St. Francis of Assisi"

Registration, including lunch and refreshments during the day - \$35.00

#### Living with Unexpected Change Sunday February 28, 2016 11:30am-1:30pm

If you are grieving a loss or change in your life we invite you to attend this informative session. Starting with Qi Gong we will centre ourselves for exploration of our loss and strategies to move through this time in our lives. As this workshop is facilitated we ask that you sign up by contacting

Dana Young at dana.young365@gmail.com

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### Friendship Club

#### PRESENTS

A Whistful Evening
Join us for an evening of Court Whist

### Friday March 4th at 7:00 pm

\$8.00 per person
All Welcome
For information call:

Bev & George Setterington at 403-286-4836 lan & Nora Halladay at 403-282-1420



## Healing Touch Course Level One

March 5th and 12th 9am to 6pm

Contact the office for more information 403-284-2276

3303 Capitol Hill Cresent N.W. Calgary, Albera T2M 2R2

Check out our new website at www.sduc.ca