

St David's United Church

Jan 12, 2020 Newsletter

www.sduc.ca

Growing & Deepening our Lives in an Affirming and Inclusive Community

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St. David's Week at a Glance

Sun. Jan 12	10:00 am 10:00 am 11:00 am 4:00 pm	Sunday Worship – Sanctuary Church School – Robertson Hall Refreshments – TM Room Iglesia Ni Cristo – Sanctuary & TM Room
Mon. Jan 13	12:30 pm 1:30 pm 5:30 pm 5:30 pm 7:30 pm	Best Beginnings – Robertson Hall Prayer Shawl Meeting – TM Room Sparks – TM Room Brownies/Girl Guides – Robertson Hall Angel Voices - Sanctuary
Tues. Jan 14	6:00 pm	Iglesia Ni Cristo – Sanctuary & TM
Wed. Jan 15	9:30 am 7:00 pm	Qigong – TM Room Under the Rainbow – Robertson Hall
Thurs. Jan 16	1:30 pm 6:30 pm 7:00 pm 8:00 pm	Pastoral Care Meeting – TM Room Qigong – TM Room Chamber Choir Practice - Sanctuary Sanctuary Choir Rehearsal - Sanctuary
Fri. Jan 17	4:00 pm 5:30 pm	Anthony Edmunds Music Lessons – Lacombe Taize Service – TM & Sanctuary
Sat. Jan 18	7:00 am	Iglesia Ni Cristo – Sanctuary & TM
Sun. Jan 19	10:00 am 10:00 am 11:00 am 7:00 pm	Sunday Worship – Sanctuary Church School – Robertson Hall Welcome Back Lunch – TM Room Evening Compline – Sanctuary

HEALING TOUCH:

First Wednesday of every month.

Contact the office to book your appointment

Note from Peggy: Once again I wish to thank the Worship Design Team for their commitment and dedication to the Advent Series on "JOY" and to all who agreed to be involved. Without the excitement, eagerness and willingness of many people the season of Advent and Christmas Eve would not have been so joyous and heart-warming. It was a wonderful experience for all of us.

Jock McTavish reflected on the Advent series and wished to share the following poem with the congregation. Jock's poem and the message of Joy from the Series need not just be confined to one season. Joy, as described by Jock, can be experienced year-round. Thanks to Jock for summing up the series so astutely and beautifully.

the Joys of Christmas

in the coming of Jesus into this world
is Joy - in songs and stories - old and new

Hopeful Joy - to dissipate the darkness
a Joy to encourage and light our path

Loving Joy - as found in life's callings
a Joy to nurture the helpers soul

Unabashed Joy - that celebrates surprises
a Joy to show us what is possible

Peaceful Joy - that calms when life alarms
a Joy that centres and hopes and commits

Incarnate Joy - that living, grows compassion
a Joy that works with love for justice

in the Christmas songs and stories of hope
is Joy - with glad remembering - and renewed purpose

Congregational Communication

St. David's administration would like to set up an email list in order to keep the congregation apprised of important information and upcoming events. We need your help to update our database to include as many email addresses as possible.

In order to do this, we require your permission. If you have not filled out a yellow form, they are available on the table in the front foyer. Please fill out and hand in to the office.

Evening Compline

January 19 7:30 pm with Angel Voices

Pre-service recital at 7:00 pm

Fundscrip

St. David's is entering into a new Fundraiser Venture with Fundscrip. Fundscrip allows you to purchase gift cards directly through St. David's and have them conveniently delivered to the Church!

How does it work?

1. Grab an order form from the table in the front hall.
2. Fill in the order form to purchase gift cards for popular retailers at face value. Spend \$25 and get a \$25 gift card in return.
3. For each gift card sold, a portion of the proceeds (ranging from 2-10%) come directly to St. David's.

It's really that simple! We get paid for the shopping **that you already do!**

More information is included on the order form available in the Church office or in the front foyer of the Church.

Next deadline:
February 2, 2020

Under the Rainbow

Social gathering and support for LGBTQ2S+ and allies.

Various formats

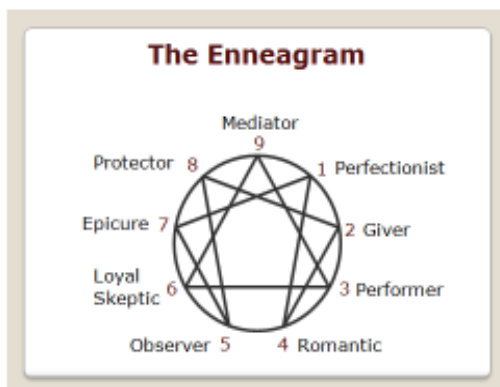
3rd Wednesday of the month 7-9pm

Hosted at St. David's United Church located by the university



Enneagram Workshop

Saturday, January 25th, 2020 – 1:00 to 4:30. Registration is \$30 per person. Please call 403-617-2296 or email marty@martyheeg.com



The Enneagram is a personality model that describes 9 distinct patterns of thinking, feeling and acting that arise from our deep, often unconscious, motivations and world views. The awareness created by this powerful system can significantly help you grow in many areas including family and marital relationships, workplace/leadership effectiveness, stress reduction, conflict resolution and 12 step recovery. This workshop will focus on helping you in 3 domains:

- **Self-Awareness** - You will more clearly see what works for you in your life – your strengths and you will also get a clearer sense of what trips you up – your blind spots.
- **Awareness of Others** - You will be able to develop more empathy for the way others operate and see the motivations and concerns that drive their behaviors.
- **Personal Growth** - You will have the opportunity to chart a path that can help you enhance your personal development and make positive changes.

When and Where? - January 25th - 1:00-4:30 at St. David's United Church – 3303 Capitol Hill Centre NW Calgary. The fee is \$30 per participant. The facilitator is Marty Heeg (MSW, RSW – www.martyheeg.com). Marty is a clinical social worker who utilizes the Enneagram as a retreat facilitator and as a counselor in his private practice. Marty is a member of the Clinical Registry of the Alberta College of Social workers and a Certified Enneagram Practitioner. To register, please call Marty directly at 403-617-2296 or email him at marty@martyheeg.com.

Broadview (formerly Observer) Magazine

The current group subscriptions to Broadview magazine will expire on April 20, however new subscriptions and renewals with \$25 payment are due by February 10, 2020.

There will be a table in the foyer on Jan 12 & Jan 19 where you can sign up and/or renew along with your \$25 renewal fee.

After those dates, the Broadview envelopes will be available in the foyer which you can complete and then put into the collection plate.

BENEVOLENT PANTRY

Over the last few weeks our office has received an influx of requests for assistance from the benevolent pantry. This has depleted our resources and we are once again looking to our congregation to help replenish our pantry.

We are looking for donations of easy to eat, nutritious food for our pantry. Items such as:

- easy open protein (tuna, chicken etc.),
- protein or granola bars,
 - fruit cups,
 - apple sauce,
- fruit or vegetable juice,
 - crackers,
- nuts, trail mix, etc.

If you can help, please drop off donations at the office during business hours or contact Chantal to make alternate arrangements.

We are so grateful for any help you can provide.



**St. David's is hosting a Taize YYC,
an Ecumenical Taize Prayer
January 17, 2020**

5:30 – 6:15	Free Supper
6:15 – 7:00	Song Practice – orientation to prayer
7:00 – 7:30	Silence
7:30 – 8:30	Taize Prayer service

We offer a free community meal at 5:30 (soup supper) provided by volunteers.

We run a song practice (an orientation to the prayer) at 6:15 pm for 45 minutes - everyone is welcome and encouraged to attend! The intention in Taize Prayer is for the congregation to become the choir - this practice helps everyone to participate.

We begin the silence in the church at 7 pm so the silence has time to mature before the prayer begins.

The Prayer itself is from 7:30-8:30 pm.

We arrange everything for the meal (including clean-up) and service and we offer lots of opportunities for folks to get involved if they wish.

I am The Rev Clara King, St. George's Anglican Church, the coordinator for Taize YYC, an ecumenical Taize Prayer in Calgary. Each month we are hosted by a different church/denomination - this helps to maintain and expand the ecumenical character of the Prayer and broaden our outreach.

A little background about me: I've had a connection with the Taize Community since 2005. I've been to Taize 9 times and lived there as a permanent. I've gone with the brothers to Nairobi in 2008 and Pine Ridge (SD) in 2012. In May, I organized for Brother Emile to come to Calgary, and he encouraged me to start an ecumenical Taize prayer here.

What is Taize?

Taizé is a Christian monastic community in France, started by Brother Roger in 1940. It is an ecumenical community, which means it is not Catholic or Protestant, Orthodox or Evangelical—it is *Christian*, deeply rooted in Scripture and prayer. Taizé welcomes people from every part of the Christian family, and beyond. In the Prayer of Taizé, we are invited to meet God *whose very nature is love* (1 John 4:8).

In the early years of the Community of Taizé, the brothers worshipped in the Benedictine style, in French and Latin, singing ancient chants. However, beginning in the '50s, young people began to gather in great numbers around the community. Few of these young people spoke French, or knew Benedictine Chant, and so the worship became a sort of spectator sport: the brothers praying in the middle, surrounded by crowds of curious young people!

Brother Roger felt this wasn't right. He felt that worship should invite everyone to participate—no matter the many languages they spoke, the many denominations they were from and the many people who were only just beginning to know Christ. And so, working with the famous French composer, Jacques Breathier, Brother Roger developed the style of worship that is now famous around the world.

Today, Taizé Prayer is made up almost entirely of songs: words from Scripture set to simple repetitive chants. The music is easy enough that everyone can participate; yet offers incredible opportunities for talented musicians to explore. All of us together *become the choir*, creating beauty none of us could manage alone. Each song is sung many times, to help us experience the Scripture more deeply each time. Each repetition is a new prayer from our hearts to God.

There is no preaching in the Taizé Prayer. We listen to a short passage of Scripture, and then meditate upon it in one long period of silence. In the silence we open our hearts to hear what God wishes to say to us. We can listen without fear, confident in God's loving mercy. In childlike trust, we can bring before God our shortcomings and regrets; our gifts, joys and hopes; our worries and fears.

Following the silence, we pray for the needs of others: for the world, for the poor, for those who strive to make the world more like the kingdom of God. In prayer, God connects us with the wider body of Christ and all Cree- action.

We finish the prayer with several more songs, and leave the Sanctuary in silence, the last notes of beauty still quivering in the air.

We hope you'll join us.