

St David's United Church

Jan 19, 2020 Newsletter

www.sduc.ca

Growing & Deepening our Lives in an Affirming and Inclusive Community

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St. David's Week at a Glance

Sun. Jan 19	10:00 am 10:00 am 11:00 am 1:30 pm 7:00 pm	Sunday Worship – Sanctuary Church School – Robertson Hall Refreshments – TM Room Friendship Club – TM Room Evening Compline - Sanctuary
Mon. Jan 20	12:30 pm 5:30 pm 5:30 pm 7:00 pm 7:30 pm	Best Beginnings – Robertson Hall Sparks – TM Room Brownies/Girl Guides – Robertson Hall ACTS Book Study – Tm Room Angel Voices - Sanctuary
Tues. Jan 21	7:00 pm	Iglesia Ni Cristo – Sanctuary & TM
Wed. Jan 22	9:30 am	Qigong – TM Room
Thurs. Jan 23	9:30 am 6:00 pm 7:00 pm 8:00 pm	ACTS Bible Study – TM Room Qigong – TM Room Chamber Choir Practice - Sanctuary Sanctuary Choir Rehearsal - Sanctuary
Fri. Jan 24	4:00 pm	Anthony Edmunds Music Lessons – Lacombe
Sat. Jan 25	7:00 am 12:30 pm	Iglesia Ni Cristo – Sanctuary & TM Enneagram Presentation – TM Room
Sun. Jan 26	10:00 am 10:00 am 11:00 am	Sunday Worship – Sanctuary Church School – Robertson Hall Refreshments – TM Room

HEALING TOUCH:

First Wednesday of every month.

Contact the office to book your appointment

Note from Peggy: Once again I wish to thank the Worship Design Team for their commitment and dedication to the Advent Series on "JOY" and to all who agreed to be involved. Without the excitement, eagerness and willingness of many people the season of Advent and Christmas Eve would not have been so joyous and heart-warming. It was a wonderful experience for all of us.

Jock McTavish reflected on the Advent series and wished to share the following poem with the congregation. Jock's poem and the message of Joy from the Series need not just be confined to one season. Joy, as described by Jock, can be experienced year-round. Thanks to Jock for summing up the series so astutely and beautifully.

the Joys of Christmas

in the coming of Jesus into this world
is Joy - in songs and stories - old and new

Hopeful Joy - to dissipate the darkness
a Joy to encourage and light our path

Loving Joy - as found in life's callings
a Joy to nurture the helpers soul

Unabashed Joy - that celebrates surprises
a Joy to show us what is possible

Peaceful Joy - that calms when life alarms
a Joy that centres and hopes and commits

Incarnate Joy - that living, grows compassion
a Joy that works with love for justice

in the Christmas songs and stories of hope
is Joy - with glad remembering - and renewed purpose

Congregational Communication

St. David's administration would like to set up an email list in order to keep the congregation apprised of important information and upcoming events. We need your help to update our database to include as many email addresses as possible.

In order to do this, we require your permission. If you have not filled out a yellow form, they are available on the table in the front foyer. Please fill out and hand in to the office.

Evening Compline

January 19 7:30 pm with Angel Voices

Pre-service recital at 7:00 pm

Fundscrip

St. David's is entering into a new Fundraiser Venture with Fundscrip. Fundscrip allows you to purchase gift cards directly through St. David's and have them conveniently delivered to the Church!

How does it work?

1. Grab an order form from the table in the front hall.
2. Fill in the order form to purchase gift cards for popular retailers at face value. Spend \$25 and get a \$25 gift card in return.
3. For each gift card sold, a portion of the proceeds (ranging from 2-10%) come directly to St. David's.

It's really that simple! We get paid for the shopping **that you already do!**

More information is included on the order form available in the Church office or in the front foyer of the Church.

Next deadline:
February 2, 2020

Under the Rainbow

Social gathering and support for LGBTQ2S+ and allies.

Various formats

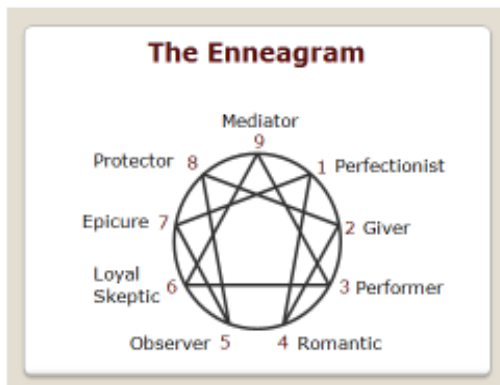
3rd Wednesday of the month 7-9pm

Hosted at St. David's United Church located by the university



Enneagram Workshop

Saturday, January 25th, 2020 – 1:00 to 4:30. Registration is \$30 per person. Please call 403-617-2296 or email marty@martyheeg.com



The Enneagram is a personality model that describes 9 distinct patterns of thinking, feeling and acting that arise from our deep, often unconscious, motivations and world views. The awareness created by this powerful system can significantly help you grow in many areas including family and marital relationships, workplace/leadership effectiveness, stress reduction, conflict resolution and 12 step recovery. This workshop will focus on helping you in 3 domains:

- **Self-Awareness** - You will more clearly see what works for you in your life – your strengths and you will also get a clearer sense of what trips you up – your blind spots.
- **Awareness of Others** - You will be able to develop more empathy for the way others operate and see the motivations and concerns that drive their behaviors.
- **Personal Growth** - You will have the opportunity to chart a path that can help you enhance your personal development and make positive changes.

When and Where? - January 25th - 1:00-4:30 at St. David's United Church – 3303 Capitol Hill Centre NW Calgary. The fee is \$30 per participant. The facilitator is Marty Heeg (MSW, RSW – www.martyheeg.com). Marty is a clinical social worker who utilizes the Enneagram as a retreat facilitator and as a counselor in his private practice. Marty is a member of the Clinical Registry of the Alberta College of Social workers and a Certified Enneagram Practitioner. To register, please call Marty directly at 403-617-2296 or email him at marty@martyheeg.com.

Broadview (formerly Observer) Magazine

The current group subscriptions to Broadview magazine will expire on April 20, however new subscriptions and renewals with \$25 payment are due by February 10, 2020.

There will be a table in the foyer on Jan 12 & Jan 19 where you can sign up and/or renew along with your \$25 renewal fee.

After those dates, the Broadview envelopes will be available in the foyer which you can complete and then put into the collection plate.

BENEVOLENT PANTRY

Over the last few weeks our office has received an influx of requests for assistance from the benevolent pantry. This has depleted our resources and we are once again looking to our congregation to help replenish our pantry.

We are looking for donations of easy to eat, nutritious food for our pantry. Items such as:

- easy open protein (tuna, chicken etc.),
- protein or granola bars,
 - fruit cups,
 - apple sauce,
- fruit or vegetable juice,
 - crackers,
- nuts, trail mix, etc.

If you can help, please drop off donations at the office during business hours or contact Chantal to make alternate arrangements.

We are so grateful for any help you can provide.

FEBRUARY FRIENDSHIP FEAST & FUNDRAISER

When: Saturday February 8, 2020

AKA our

Turkey Dinner!

Time: Starts at 6:00pm

Where: The Scandinavian Centre
739 20 Ave NW Calgary (Viking Hall)

Cost: \$35.00 (55+ & DHA members)

\$40.00 for General Public

\$300.00/10 tickets (saves \$5 per ticket when you buy 10 together)

\$10.00 for Children 12+ years

Children 11 years old and younger are free, but still require a ticket

Tickets: Tickets must be purchased in advance through Eventbrite:
go to www.eventbrite.ca

You can also call/text 403-284-6200 or drop into our office at 63 Cornell Road NW

Deaf & Hear Alberta

For more information:

Phone: 403-284-6200

Email: info@deafandhearalberta.ca

“EDGE – Action and The Future of St. David’s”

In the spirit of continuing communication, action in the definition of the Future of St. David’s United Church we invite you to a discussion group. Everyone is welcome. This meeting will be held in the foyer on the second Sunday of the month from January to June 2020. The EDGE Committee (Colin Outtrim, Deb Charnuski and Peggy McDonagh) will host 20 minute discussion after the worship service.

Friendship Club

We invite you to join us in Robertson Hall for an evening of “**Music From the Heart**” featuring accomplished musician and singer Cornelia Sutherland.

Date **Friday February 7, 2020**
Doors open at 7 pm
Program begins at 7:30 pm

Cost \$10 per person
Refreshments will be served

For more information, contact the Wilsons at 403-286-9653 or email nancywilson@shaw.ca

Please **RSVP** by February 2, 2020