

St David's United Church

Feb. 24 Newsletter

www.sduc.ca

Growing & Deepening our Lives in an Affirming and Inclusive Community

Upcoming Events

March 1
Cannabis
Conversation

March 2
Youth Group Cross
Cultural Temple
Tour

March 6
Pancake Supper
&
Ash Wednesday
Service

HEALING TOUCH:

- Healing Touch meets the first Wednesday of every month (unless otherwise specified)
- Appointments must be booked with the church office. We no longer accept walk ins
- When booking an appointment, you cannot book for other people, you must only book an appointment for yourself.
- Appointments are 30 minutes in length and begin at either 7:00 or 7:30.
- We have capacity for up to 3 people in the same time slot
- When arriving for your appointment, you must use the buzzer and state your name and appointment time.
- Payment is welcome in the form of donations.

Youth Cross Cultural Temple Tour

Who: Youth and others who would like to attend
What: Cross Cultural Temple Tour
Where: Guided visit to a Muslim Mosque, Sikh Temple, Hindu Temple, Buddhist Temple and an ethnic lunch
When: Saturday, March 2nd from 10:00 am – 3:00 pm
Why: To explore other faiths and to uphold the United Church's call to be open and respectful of diversity
Cost: SDUC Youth - \$30.00 (we will pay \$39.00 of youth costs), includes lunch
Parents - \$69.00, includes lunch

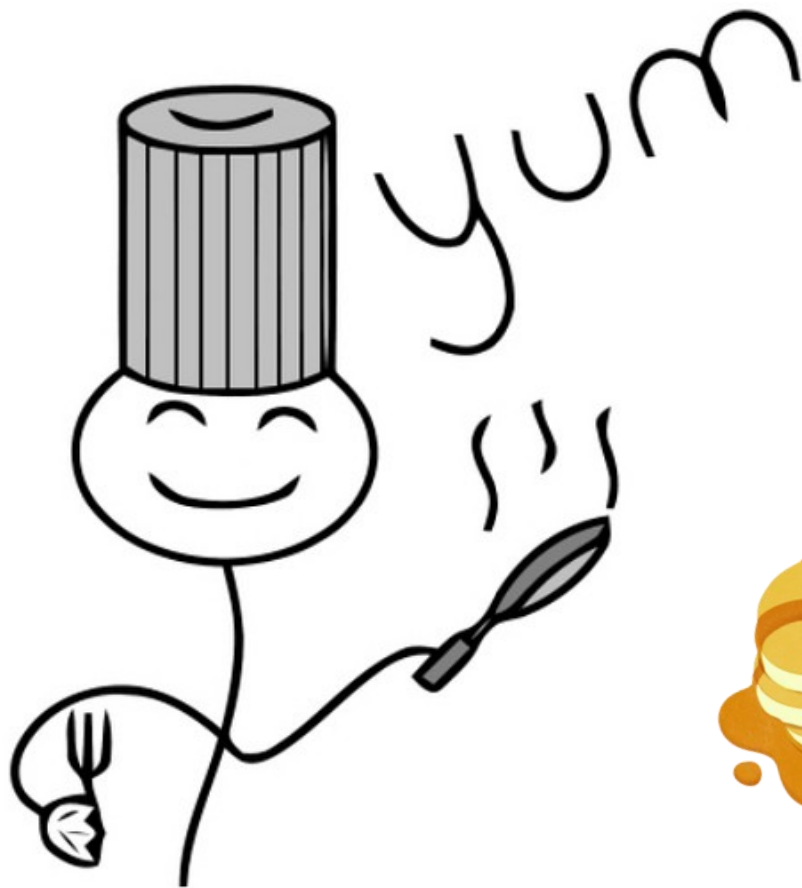
To confirm your spot, please make a deposit of \$30.00 to Alison by February 3rd.

Healing Touch

Level 1 Course

March 2 & 3
9:00 am to
6:00pm
\$497

Contact office
for a
brochure



Pancake Supper & Ash Wednesday Service

Wednesday March 6, 2019

Supper 6:00 pm to 7:00 pm

Ash Wednesday Service

7:00 pm to 7:45 pm

Tickets

Adults \$5.00 or

Child \$3.00



A PIE FEAST TO HONOR NATIONAL AFFIRMING DAY March 17, 2019 following worship



ANNOUNCEMENT: National Affirming Day coming up on March 14, 2019 *International Pi Day* (3.14- get it?)

PIE = Public. Intentional. Explicit. Those are the standards we hold ourselves and our welcome to when we become Affirming, Welcoming, or Inclusive communities.

Affirm United and Affirming Connections are leading Canadian affirming faith communities to celebrate our support and inclusion of LGBTQ2SIN in March by using the acronym **PIE - public, intentional and explicit.**

We invite communities of faith to serve up some pie and roll out the **PIE** in your ministries and communities! This is your chance to celebrate and honour the full inclusion of *LGBTQ2SIA+ people in faith communities and beyond, with everyone across Canada!

On March 17th St. David's will lunch on PIE. We invite you to make pies: **Savory** pies such as Steak & Kidney Pie, Spaghetti Pie, Pot Pie, Shepherd's Pie, and Tourtiere, as well as any kind of **Sweet** pies, apple, raise, pumpkin, strawberry and rhubarb, blueberry, etc.

We also invite you to stay after worship and have lunch and enjoy our pie celebration in honor of the LGBTQ2SIA+ people.

CANNABIS CONVERSATION

**St David's Friendship Club-March 1 Meeting
7:30 - Robertson Hall**

We warmly welcome you to come and join us for a very timely, interesting and informative presentation/question period on Cannabis by:

Dr. Fiona Clement

Her presentation will cover:

Why was Cannabis legalized? What was the policy rationale? How were the province specific policies developed and what are the priorities they are trying to achieve?

What is the evidence about the health harms of Cannabis use?

What have other jurisdictions who have legalized seen?

What are we watching in Canada?

What are my predictions for what's to come?

Tickets for her presentation are \$10.00 and will be available at the door. Refreshments will be served at the conclusion of her presentation. Please RSVP to Bob or Carol Liddle at 403 239 5254 or e-mail liddlecarol@gmail.com.

ANNUAL ST. DAVID'S LENTEN RETREAT

**Mount St. Francis Retreat Centre
Cochrane, AB**

<http://www.mountstfrancis.ca/>

Theme: "Who Do You Say That I Am"

Led by Spiritual Director Susan Campbell

Sunday, March 10th, 2019

11:30 AM to 4:00 PM

Cost: \$30.

(includes registration, lunch and refreshments)

Restful Reflections and Nature walks, weather permitting...

Coffee & Muffins

**In the foyer of St.
David's from
7:00 am to 2:00 pm
on Mar 14 and April 11**

**Everybody
welcome!!!!**

SPRING FOREST QIGONG

*Bring in the New Year
with a meditative practice that will enhance
your mental and physical well-being.*



*The focus is on breath, movement and
visualization while listening to soothing music.*

Who: You of course!
What: Qigong (pronounced chee-gong)
Where: Tatanga Mani (TM Room)
St. David's United Church
When: Wednesdays from 9:30 - 10:30 am

This practice is for everyone and may be done sitting or standing.

United Church 2019 Calendars

**Proceeds go to St. David's
Available now in the Church
office. 15/each**



Lenten Evening Compline



*Sunday, March 10 - 7:30 PM
7:00 PM - pre-service organ recital by Chellan Hoffman
St. David's United Church
3303 Capitol Hill Crescent NW Calgary*

*Please join us for meditative scripture and choral music in the
serene and ancient worship service of plainchant and
contemplative prayer.*

**Tax receipts
are now
available for
pick up at
the back of
the
Sanctuary!**

World Day of Prayer 2019

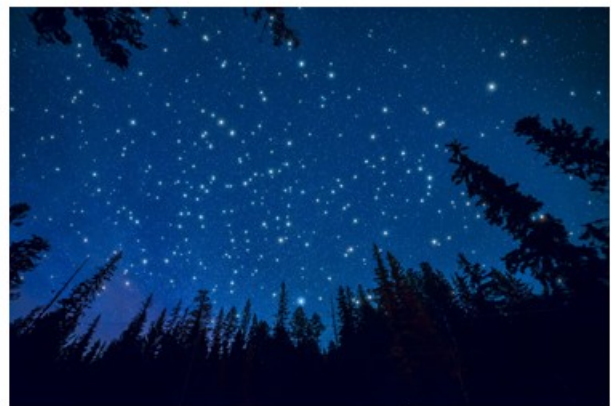
Please join us for the World Day of Prayer, a prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. Service written by the World Day of Prayer Committee of Slovenia.

**St. Barnabas Anglican
1407 - 7th Ave NW
Friday March 1st at 1:00 pm**

More information is available from
Jill Stroud (403-561-6102)

Interested in Ways to Improve Health and Overall Well-being?

Eden Energy Medicine Offers the Opportunity to do just that!



Where? St. David's United Church, 3303 Capitol Hill Crescent NW

When? Thursday, February 21st and Thursday, February 28th

Time? 6:30 - 9:15 pm

Cost? \$20.00/person/evening

To register, email: janicenrider@gmail.com