# Fruit of the Spirit Series *KINDNESS*

July 15, 2012
Fruit of the Spirit -KINDNESS (Doug Smith)



### Luke 5 - Jesus Heals the Paralytic

- Christ responds in kindness after encountering the bumbling, inconvenience of humanity.
- Christ and the fruit we witness in his life through reading the Gospel's is our example and watermark.

## **God's Kindness toward Humanity**

- Kind to Israel in her emancipation, her provision of sustenance and care.
- Psalm 103 a reading from The Message.
- Kindness is "goodness in action", the compassion of God.
- Titus 3:4
- We may reflect on the many times God has intervened in his goodness in action (kindness) in our lives.

### **Kindness Unpacked**

- It begins with seeing a need and finds it's way to practical expression.
- Kindness often requires sacrifice.
- The seeing and practical meeting of the need must go hand in hand. One without the other doesn't end in genuine kindness.
- Our culture celebrates obvious kindness. It celebrates good or God in action!
- Kindness breaks down walls, builds bridges and initiates relationship.

## **Discussion Questions**

- What kindness has God shown you or someone you know that is totally undeserved?
- What is the kindest thing you've ever seen done/heard of?
- Is kindness easy for you? Why or why not?
- How are you kind? In what areas of your life to you find kindness manifesting?
- Where have you heard of or experienced kindness from God or others even though it didn't appear to be kindness at the time?
- In wishing to show the fruit of kindness we must first be good. "Kindness is goodness in action". How do we become good?