

February 24, 2019

What must we understand about our emotions to cooperate with God's transforming work in us?

- ♦ Proverbs 13:12 Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.
 - ♦ Address the heartsickness of deferred hope by _____.
- ♦ Proverbs 15:30 Light in a messenger's eyes brings joy to the heart & good news gives health to the bones.
 - ♦ Receive joy in your heart by receiving _____.

Self-Control

- ♦ What is it?
- ♦ Proverbs 16:32 Better a patient person than a warrior; one with self-control than one who takes a city.
 - ♦ Self-control is _____.
- ♦ Proverbs 25:28 like a city whose walls are broken down is a person who lacks self-control.
 - ♦ Lack of self-control in one area of life is _____.
- ♦ Proverbs 18:10-11 The name of the Lord is a fortified tower. The righteous run to it and are safe. The wealth of the rich is their fortified city they imagine it a wall too high to scale.
 - ♦ Trust God's _____ & _____ to gain self-control over emotions.



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WELCOME TO
Sturgeon Valley
Baptist Church



SVBC 2019 Theme Verse

And we all,
with unveiled face,
beholding the glory of the Lord,
are being transformed into the same
image from one degree of glory to another.
For this comes from the Lord
who is the Spirit.
~ 2 Corinthians 3:18 ~

Welcome, we're glad you're here!



- ♦ Are you new to SVBC?
 - ♦ Has your contact info or address changed?
 - ♦ Do you have a prayer or praise item you would like to share?
- Please fill in the **Connect Card** available in the pew and place it in the *Offering Plate* or *leave it at the Info Centre*.
- We look forward to connecting with you!**

Today at SVBC

Sunday School

- ♦ Age 3 - Grade 4 meet in Room 218
- ♦ Grade 5 & 6 meet in Room 204

Youth/Young Adult

- ♦ Breakfast & Discussion Time ~ Fireside Room

Adult Sunday School

- ♦ Discovery Class ~ Prayer Room
- ♦ Soul Care ~ Room 203
- ♦ Thirteen Fundamentals of the Faith ~ Room 212
- ♦ Establishing the Firm Foundation: God's Way, Monday to Saturday ~ Rm 204

Library ~ Open before & after Service ~ Come check out what's new!

Worship Service

10:45 am

Children's Church

Dismissed during Service

- ♦ **Preschool Church** (Age 3 - Kindergarten) ~ Room 217
- ♦ **Junior Church** ~ (Grade 1 - 3) ~ Room 218



Please join us after the service for a time of Fellowship in the Foyer! All are welcome!

Upcoming Services

March 3	Pastor Tom	♦ 7 Deadly Sins - From Pride to Humility
March 10	Pastor Tom	♦ 7 Deadly Sins - From Gluttony to the Joy of Delayed Gratification
March 17	Pastor Tom	♦ 7 Deadly Sins - From Sloth to the Dignity of Work ♦ Missions Sunday



Resources Available: Weekly Sermons; Bulletin; Discipleship Info; Family & Marriage Info...

Check out our website at: www.svbc.ab.ca

RightNow Media: rightnowmedia.org For free invite email church@svbc.ab.ca

Free Wi-Fi available
Network: Free-WiFi-SVBC



Online Giving: scan this code or go online to www.svbc.ab.ca.



Debit Giving Terminal @ Coffee Station



What's up @ SVBC:

The Marriage Tune-up

Devotional: Just in time for Valentines Day! Get your FREE copy in the Foyer today.



Resignation & thank-you: Rodney & Catharine have stepped down as Ministry Coordinators for our Marriage & Family Ministry. Please join us in thanking them for their time & energy spent working with the families & couples here at SVBC.

Rainbows/Prism: Helpers & Back-up is still needed for this much needed ministry. Orientation is Thursday, February 28th @ 7 pm.

2018 Tax Receipts: please check your Mail Folder for your 2018 Donation receipt.

Mayor's Prayer Breakfast: Saturday, March 2 @ 8 am. Join Guest Speaker, Rev. Helen Bennett, as she talks about Mental Health in her talk on 'Mental & Spiritual Resiliency in a Paradoxical World'. Tickets are \$30 each available at www.eventbrite.ca & search for Mayors Prayer Breakfast.

Be Ready 2019 Conference: 'Finding God in Science' March 8 & 9 at West Edmonton Christian Assembly. Pre-registration required. More info available at the Literature Table or at www.bereadyalberta.ca

Fix-it-Café: Wednesday, March 13 from 6-9pm in the Gym. Bring your broken item & have a coffee while a local Fixer teaches you how to fix it. Or try your hand at minor fixes yourself at our DIY project table!

SVBC ~ Congregational Meeting re: Worship Director

Tuesday, March 5, 2019 @ 7:00 pm in the Sanctuary

Come meet our Worship Director Candidate, Sean Morton

He will share his testimony & answer some questions.

Info Packets available at the Info Centre

~ All Attendees Welcome ~



Grade 7 - 12 are Invited!

Wednesdays 6:45 pm for 180 Bible Study

@ Unsworth's

Fridays 7 pm for great activities!

More details: www.svbc.ab.ca/ministries/youth

Next Youth Event: Grade 7 - 12

Gals Retreat

Friday, March 8th 5pm - Saturday, March 9th 11 am @ SVBC

See svbc.ab.ca/ministries/youth for details

NOTE: Waiver needed



You're invited to

access **FREE:**

~ Children's shows

~ Bible Studies

... and more

Topics: Money, Marriage, Evangelism, Youth, Small Groups, Men, Women, Outreach, Inspiration, Children, Parenting, College & Career, Work....

Check out: www.rightnowmedia.org/

To sign up: complete a *Connect Card* & drop it in the Offering Plate or at the

Info Centre OR email

church@svbc.ab.ca

Then: watch your email for your personal invite!

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