



Tuesdays, 9:15-11am

Ladies' Bible Study

Tuesdays, 11:15-12:30pm

Food Bank

Wednesdays, 7-8pm

Prayer Meeting

Mon., March 25 Final day for Mission Trip Registration & Deposit

Sun., March 31, 9:30am

Meet 'n Greet Zach & Vanessa

Sundays in April

Welcome to the Family Month

Sat., April 6, 10-noon

Women Connected

Pot Luck Breakfast and "Hats off to WC" – wear your favourite hat

Saturday April 13, 8am

Men's Prayer & Breakfast

Friday, April 19, 10:30am

Good Friday Service

Online Sacred Pathway Quiz:

<http://northpoint.org/care/pathways/>

Explanation of Pathways and printable Quiz:

<https://irpcdn.multiscreensite.com/2988a589/files/uploaded/Sacred%20Pathways%20New%20.pdf>



Sheridan Park Family Church



Living The Larger Christian Life: Prayer

Sunday March 24, 2019

9:00-10:00am Prayer in the Downstairs Fireside Room

10:30am Service

Speaker: Pastor Keith Piquette

Welcome!

We are so glad you are joining us this morning. We would love to greet you personally at our Welcome Table. Please pick up an information sheet about our various ministries or visit our website: www.spfamilychurch.ca.

THE FAMILY ROOM is available for parents of children who need a temporary space away during the service yet close enough to easily slip back in. The room is located on the drum-side overflow at the back of the upper auditorium. Please feel free to check it out.



Sermon Summary: Mar 24, 2019

Living the Larger Christian Life: Prayer

- Spiritual disciplines are important because they keep us stable during the storms of life. Prayer is that essential, and often unseen, discipline that keeps us grounded in God daily.
- There exists an underlying belief in many of our minds that prayer doesn't actually change anything.
 - This is a cultural folk belief and not the Biblical truth (2 Kings 20:1-6, 1 John 5:14-15).
 - Prayer, as a spiritual discipline, will only draw us deeper to God if we believe that God hears prayer and responds to it.
- Prayer should be a consistent practice in our lives (Colossians 4:2, 1 Thessalonians 5:17).
- Prayer is a learned practice.
- Prayer Guidelines:
 - Start off slow and build up.
 - Pray when you are at your best.
 - Give time to settle your thoughts.
- There are a variety of ways to pray but most basic and fundamental is "simple prayer."
 - Simple prayer means praying for what's on your heart not what should be on your heart.
- Spiritual disciplines are important because they keep us stable and grounded in God during the storms of life.

Small Group Study Questions: Mar 24, 2019

Living the Larger Christian Life: Prayer

1. The week before last the discipline of receiving guidance was presented. How have you been active since then in receiving guidance from God? Did you get a chance to do the weekly challenge? If so, what did you discover?

2. What insight, principle, or observation from this weekend's message did you find to be most helpful, eye-opening, or troubling? Explain.
3. Talk about a time that you clearly received answer to prayer.
4. In the message it was mentioned that prayer is something that is learned. In Luke 11:1 Jesus' disciples asked Him to teach them how to pray and Jesus' answer was "The Lord's Prayer." Read Luke 11:1-4 and jot down any thoughts you have.
 - a. What insights does this give about how we should pray?
5. What else does the Bible say about prayer? How does this affect your perspective of prayer?
6. The pastor pointed out that he believed there is an underlying, almost subconscious, folk belief among many Christians today that prayer doesn't actually change anything. Do you agree with this observation? Why or why not?
 - a. Do you feel you have fallen prey to this belief in some way? Explain.
7. There are many types of prayer, with "simple prayer" being the most common. What are some other types of prayer that can be practiced?
 - a. What kinds of prayer do you mostly and sometimes practice?
8. The Bible says that prayer should be a consistent part of our lives (Colossians 4:2, 1 Thessalonians 5:17). What role does prayer play in your life?
 - a. Are you content with your prayer life now? Why or why not?
 - b. What are some practical small steps that you can take to better your prayer life?
9. A few examples were given in the sermon about how spiritual disciplines keep us grounded in God during the storms of life. How have spiritual disciplines played a role, if at all, in helping you weather the storms of life?

This Week's Challenge: Often in prayer people get in a rut of simply asking God for things, either for themselves or others, as if God is like some cosmic genie. A more balanced approach to prayer is often more rewarding. A common template that is used to achieve a more balanced prayer is called ACTS. The acronym refers to Adoration, Confession, Thanksgiving, and Supplication (asking for things). It outlines a simple order in which we can pray to God. This week take some time (5 minutes or so) during the best part of your day to practice praying according to the ACTS model. Before you start take a moment to settle your thoughts; feel free to use the practice from last week (Palms up Palms down) to help you do this.