

GATHERING IN THE SPIRIT

(Please note: * indicates please rise in body or in spirit
VU refers to the red hymn book; MV is the coil bound book)

Music for Meditation

Welcome and Announcements

Invitation

**Only you O God, and you alone,
the broken heart console.
Only you O God, and you alone,
the wounded world make whole.**

- words: Susan Briehl; music: African American Spiritual

Opening Prayer

***Hymn Come and Journey With Me** [back of bulletin]

SHARING THE GOOD NEWS

Opening to the Word

**Listen to the word which God has spoken,
listen to the One who is close at hand,
listen to the voice which began creation,
listen even if you don't understand.**

- words and music: Iona Community

Scripture reading: Mark 8: 27-37

God's Word is Life!

All: Thanks be to God

Listen to the word ...

Reflection

RESPONDING WITH OUR WHOLE HEARTS

Confession

Assurance

Come back to me, with all your heart.

Don't let fear keep us apart.

**Trees do bend, though straight and tall;
so must we to others' call.**

refrain:

**Long have I waited for your coming home to me
and living deeply our new life.**

**The wilderness will lead you
to your heart where I will speak.
Integrity and justice with tenderness
you shall know.**

refrain ...

**You shall sleep secure with peace;
faithfulness will be your joy**

refrain ...

words and music: Gregory Norbet, OSB

Sharing the Peace of Christ

Offering our Gifts

Take, O take me as I am.

Summon out what I shall be.

Set your seal upon my heart and live in me.

MV 85 words: John Bell, Graham Maule; music: John Bell

Great Thanksgiving [see insert]

Communion Songs

**Bread of life, hope of the world, Jesus Christ our brother:
feed us now, give us life, lead us toward one another.**

- words and music: Bernadette Farrell

Bread for the journey, food for the way.

Cup of God's blessing, tomorrow, today.

-MV 202 words and music: Bruce Harding

GOING OUT TO SERVE

***Hymn MV 138 My Love Colours Outside the Lines**

***Commissioning and Blessing**

*** Sung blessing**

**In love you summon, in love I follow,
living each day for your tomorrow.
Christ to release me, Christ to enfold me,
Christ to restrain me, Christ to uphold me.**

- words and music: John Bell

Come and Journey With Me

**Come to the song, come to the dance.
Bring all you are, bring all you be.
Come with your voice, come with your heart.
Come and journey with me.
Come and journey with me.**

**Come let the sun fill up your eyes.
Take the time to look around,
and love, just love, and walk with each other.
Come and journey with me.
Come and journey with me.**

**Come and see, come and be.
Be all you are and all you can be,
and leave all behind and calm your mind.
Come and journey with me.
Come and journey with me.**

- words and music: David Haas

James Bay United Church

*Following in the way of Jesus
on the journey inward
and the journey outward*

March 18, 2018

Lent 5

*For those who want to save their life will lose it,
and those who lose their life for my sake and the sake
of the gospel will find it. Mark 8: 34 -35*

True understanding will come
only as we give up
our idea
of what makes life worthwhile
and yield
to God's idea.

When we surrender the pursuit
of our own
"best life"
in order to disappear
into God's best life,
we begin to live
the only life
worth living.

-Kayla McClurg



Thrift Shop Request:

Very occasionally we find ourselves hoping for – well – donations. We're particularly looking for small pieces of gently used furniture. At the next instance of foul weather, please check out the crawl space, garage, Nana's attic, your sister's closet, or the dog's house to see if there's something that could be passed along. You'll be doing your community a great service by giving back and keeping unused furniture and other goods out of the landfill.

Open for donations Wednesday through Friday, 9 to 11:30am. Please call if you have questions.

TUNING INTO YOURSELF A three hour vocal workshop designed to facilitate and create space for each individual to re-discover their voice and their comfort within a circle of singers. We'll start with warm-ups, some basic vocal technique, and sing, sing, sing. Sunday, April 15th, 1:30 - 4 pm in the downstairs hall.

Sliding scale \$20-40.

Contact Louise n'ha Ruby [250-732-5356](tel:250-732-5356)

**Our minister, Karen Dickey, is available for conversation!**

Maybe you wish to know more about James Bay United, or maybe you've been walking around with a question or an idea and it's time to engage it a little more, or perhaps you'd value getting to know Karen and her to know you, *whatever!* ... just know Karen would WELCOME the connection. To set up a time and place, speak to her in person or jot a note kdickey@shaw.ca or phone [250 384 5821](tel:250-384-5821).

Finding a home for your heart here at James Bay United Church? Some people choose to take the step of becoming a member as a way of outwardly saying YES! to what they are already experiencing inside – a spiritual awakening or re-awakening; a desire to grow in faith, in hope and in love; an eagerness to be part of helping this congregation be home for the hearts of others. If this speaks to you, please speak to Karen to talk more about the why and what and how of membership.

Scripture Reader: Cheryl Caldwell

Ushers & Greeters: Sylvia Scott, Paul Barker and Cheryl Caldwell

Communion Servers: Cheryl Macpherson, Janet Russell Sylvia Scott, Martin Stewart and Wylie Stewart

Cup & Conversation: Sylvia Scott

Please remember in prayer: Kara Anna Mcfadden, Jeremy, Denise, Joyce, Laurie, Julia, Lee Dennis, Asher and his parents Adam and Anna, Dallas, Judith, Kathleen and Larry Gilbert, Lorraine, Alan, Pat, Leyla, Jeanne Miller, Pam Brown, and Kara Taylor.

CHURCH OFFICE HOURS THIS WEEK

Open Tuesday, Wednesday and Friday 9 am – 12 noon

For Pastoral care emergencies please contact:

Rev. Karen Dickey at 250-592-5931.

THIS WEEK AT JAMES BAY UNITED CHURCH

Tuesday, March 20 – OUTREACH 9am – 11:30

Location: Front Office Reception

Weird Church Book Study continues THIS WEEK

Tuesday morning, March 20, 10-11:30 or

Wednesday evening, March 21, 7-8:30pm.

website <https://www.jamesbayunited.com/news/weird-church-book-study-conversation>

Wednesday, March 21, 10 am – noon Antoine Beuger and St John of the Cross [register with Karen TODAY]

Wednesday, March 21

James Bay Children's Chorus 4pm

Friday, March 23

James Bay United Church Thrift Shop

Open 10am – 2pm

ANNOUNCEMENTS

As part of your preparation for entering into Holy Week, consider joining Antoine Beuger **this Wednesday morning** for a talk he is offering entitled "into the heart of the poem – into the poem of the heart: on the image of the heart in the poetry and spirituality of St John of the Cross. **Please register with Karen TODAY if you plan to attend.** No charge ... though you may choose to make a donation.

Join us in Celebrating the 90th Birthday of Isabel Clemson

Where: James Bay New Horizons Senior Centre
234 Menzies Street, Victoria

When: Saturday, May 5, 2018
1:30pm to 4:00pm

RSVP to Gaye Clemson at gclmson@att.net
or call Isabel at 250-382-6173 or
isabelclemson@shaw.ca



James Bay United Church is co-hosting March Movie Night with James Bay Coffee and Books. The living room setting is ideal for screening a flick with a small group of friends and makes conversation afterward really easy... know that you are welcome and we start at 6:45 at James Bay Coffee and Books - 143 Menzies. (by donation if you can - but NOT required)

Thursday's Movie: 'The Theory of Everything', which is the story of Stephen Hawking, the eminent physicist with ALS, who died last week at the age of 76. AA nominations for writing & 3 leads, in 2016...Eddie Redmayne won Best Actor award 3 times for playing Stephen. It's the story of a miracle, and particularly the family issues.

Gentle Traces: a festival of experimental music March 22-24

March marks a huge milestone for A Place to Listen: 50 concerts! To celebrate APTL is presenting three concerts from March 22-24 featuring special guest artist Antoine Beuger—a renowned composer and flutist from Düsseldorf Germany. The first concert will take place on Thursday, March 22 at 7 pm and will feature an ensemble of 10 musicians performing works by Beuger along side the world premiere of "thusness, loveness" by local composer Kristy Farkas. Friday's concert will be a solo flute recital by Beuger at 7pm. The final concert will take place on Saturday the 24th at 2:30pm and will feature the world premiere of Daniel Brandes' "traces of grief and hope". All the concerts will take place in the JBUC sanctuary and will cost \$10. For more details see: aplacetolisten.ca/gentle-traces-festival/

Holy Saturday meditation:

traces of eternity: of what is yet to be

For a special Holy Saturday musical offering, our music director Daniel Brandes will perform Antoine Beuger's "traces of eternity: of what is yet to be." This humble, powerful, and poetic work is a sonic meditation in which the performer and listeners dwell with (attend-to) gentle, transparent threads of melodies—"rejoicing in the splendour of what cannot be possessed...of what cannot be conceived...of what cannot be anticipated."

This performance will be offered as a time to linger in that Holy Saturday place, that places us between the unbearable grief of Friday and the impossible hope of Sunday.

The performance will take place in the Sanctuary at 10am, Saturday March 31.