

GATHERING IN THE SPIRIT

(Please note: * indicates please rise in body or in spirit
VU refers to the red hymn book; MV is the coil bound book)

Music for Meditation

Welcome and Announcements

Invitation

**Only you O God, and you alone,
the broken heart console.**

**Only you O God, and you alone,
the wounded world make whole.**

- words: Susan Briehl; music: African American Spiritual

Opening Prayer

***Hymn Come and Journey With Me** [back of bulletin]

SHARING THE GOOD NEWS

Opening to the Word

**Listen to the word which God has spoken,
listen to the One who is close at hand,
listen to the voice which began creation,
listen even if you don't understand.**

- words and music: Iona Community

Scripture reading: Mark 8: 27-37

God's Word is Life!

All: Thanks be to God

Listen to the word ...

Reflection

Confession

***Hymn VU 614 In Suffering Love**

RESPONDING WITH OUR WHOLE HEARTS

Sharing the Peace of Christ

Offering our Gifts

Take, O take me as I am.

Summon out what I shall be.

Set your seal upon my heart and live in me.

MV 85 words: John Bell, Graham Maule; music: John Bell

Great Thanksgiving [see insert]

Communion Songs

**Bread of life, hope of the world, Jesus Christ our brother:
feed us now, give us life, lead us toward one another.**

- words and music: Bernadette Farrell

Bread for the journey, food for the way.

Cup of God's blessing, tomorrow, today.

-MV 202 words and music: Bruce Harding

GOING OUT TO SERVE

***Hymn VU 586 We Shall Go Out with Hope**

*Commissioning and Blessing

*** Sung blessing**

**In love you summon, in love I follow,
living each day for your tomorrow.**

Christ to release me, Christ to enfold me,

Christ to restrain me, Christ to uphold me.

- words and music: John Bell

Come and Journey With Me

**Come to the song, come to the dance.
Bring all you are, bring all you be.
Come with your voice, come with your heart.
Come and journey with me.
Come and journey with me.**

**Come let the sun fill up your eyes.
Take the time to look around,
and love, just love, and walk with each other.
Come and journey with me.
Come and journey with me.**

**Come and see, come and be.
Be all you are and all you can be,
and leave all behind and calm your mind.
Come and journey with me.
Come and journey with me.**

- words and music: David Haas

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Minister: Karen Dickey

Music: Daniel Brandes

Communication & Neighbourhood
Engagement Initiative: Gordon Miller

Gordon Miller email: communication.jbuc@gmail.com

Office Administrator: Vanya Smith Phone: 250-384-5821

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Minister: kdickey@shaw.ca

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James Bay United Church

*Following in the way of Jesus
on the journey inward
and the journey outward*

**March 11, 2018
Lent 4**



*If any want to become my followers,
let them deny themselves
and take up their cross and follow me.*

-Mark 8.34

The aunt who annoys you is not your “cross to bear.”
The cross is not an annoyance,
nor something thrust upon you.
It is your free, willing and unresentful choice
to be gentle,
to be nonviolent for the sake of justice,
to be vulnerable for the sake of healing,
to open yourself to other people's suffering,
to enter into the shame of the world
with the enormous grace of God.

- Steve Garnass-Holmes



Courage Earth with Lisa Gordon

4 Tuesdays, March 20 – 27,
April 3 - 10, 17, 2018,
10 am – 12 pm | \$75 or \$20 drop in

It takes courage to face unthinkable facts,

courage to work towards a better world, courage to respond to the suffering of fellow beings and even more courage to become the change we want to see. This four-part series will explore the role of courage in your relationship with Earth
Please do not let the cost deter your attending, ask us about our scholarship.

Location: Friends Meeting House, 1831 Fern St, Victoria
Register: programs@earthliteracies.org
www.earthliteracies.org

Diarmuid O'Murchu MSC

Lecture: Disciples on the Road to Emmaus
An exploration of Mary Magdalene's model of discipleship
Tuesday, April 3, 7 – 8:30 pm \$20

Workshop: Incarnating God upon our Earth,

Exploring challenges for living more fully as embodied creatures within the body of creation itself.
Wednesday, April 4, 9:30 – 3:30 pm \$60

**Location: First Metropolitan United Church
932 Balmoral Road**

For inquiries and registration:
programs@earthliteracies.org
www.earthliteracies.org
250-220-4601

Please do not let cost deter you, call us.

Scripture Reader: Sylvia Scott

Ushers & Greeters: Paul Barker, Sylvia Scott
and Cheryl Caldwell

Communion Servers: Doug Lunam, Marg Lunam,
Ralph Huston, Judy Krzesowski and Kathie Putt

Cup & Conversation: Eunice Davison and Karen Pollett

Please remember in prayer: Joyce, Laurie, Julia, Lee Dennis, Asher and his parents Adam and Anna, Dallas, Judith, Kathleen and Larry Gilbert, Lorraine, Alan, Pat, Leyla, Jeanne Miller, Pam Brown, and Kara Taylor.

CHURCH OFFICE HOURS THIS WEEK

Open Tuesday, Wednesday and Friday 9 am – 12 noon

For Pastoral care emergencies please contact:
Rev. Karen Dickey at 250-592-5931.

THIS WEEK AT JAMES BAY UNITED CHURCH

Flowers in the Sanctuary are gratefully declined during the season of Lent. And then we invite a big splash for our celebration of Easter.

Tuesday, March 13 – OUTREACH 9am – 11:30

Location: Front Office Reception

Weird Church Book Study continues THIS WEEK

Tuesday morning, March 13, 10-11:30 or

Wednesday evening, March 14, 7-8:30pm.

website <https://www.jamesbayunited.com/news/weird-church-book-study-conversation>

Wednesday, March 13

James Bay Children's Chorus 4pm

Friday, March 15

James Bay United Church Thrift Shop

Open 10am – 2pm



ANNOUNCEMENTS

Guess Who's Coming for Dinner on St Patrick's Day?

Save the date, March 17, dinner at 5:30.

Registration deadline March 11. **TODAY!**

Questions, call Marg or Doug 250 658-6206



Thrift Shop Request:

Very occasionally we find ourselves hoping for – well – donations. We're particularly looking for *small* pieces of gently used furniture. At the next instance of foul weather, please check out the crawl space, garage, Nana's attic, your sister's closet, or the dog's house to see if there's something that could be passed along. You'll be doing your community a great service by giving back and keeping unused furniture and other goods out of the landfill.

Open for donations Wednesday through Friday, 9 to 11:30am. Please call if you have questions.



SMILE CARDS are a fundraising programme offered by Thrifty Foods. For us, it's a way to raise money for our Tuesday morning outreach programme. You "load up" your card with however much money you want to put on it and Thrifty foods then

donates 5% of that amount to JBUC. You can use the card over and over, adding more to it when the balance gets low. It's good for purchasing anything in the store (except other Smile cards). There is no cost to you or the Church and your points for Air Miles and credit cards are not affected. If you would like to know more or to get a card, please talk to Kathie Putt.

TUNING INTO YOURSELF A three hour vocal workshop designed to facilitate and create space for each individual to re-discover their voice and their comfort within a circle of singers. We'll start with warm-ups, some basic vocal technique, and sing, sing, sing. Sunday, March 25th 1:30 - 4 pm in the downstairs hall. Sliding scale \$20-40.

Contact Louise n'ha Ruby 250-732-5356

Please add your name to the on-line Church Directory.

This directory is safe and private (not available to the wider web) and helps us keep the church community connected with contact information that is always current. Each individual/family creates and manages their own contact information, profile photo and preferences. You can login to access the directory from your computer or mobile device. It's easy, just click on **join** at the very top of the website. Problems with posting your photo? Email the photo to adamsna@shaw.ca and Nola Adams will add the photo to your profile. We're looking forward to seeing you!

Our minister, Karen Dickey, is available for conversation!

Maybe you wish to know more about James Bay United, or maybe you've been walking around with a question or an idea and it's time to engage it a little more, or perhaps you'd value getting to know Karen and her to know you, *whatever!* ... just know Karen would WELCOME the connection. To set up a time and place, speak to her in person or jot a note kdickey@shaw.ca or phone 250 384 5821.

Finding a home for your heart here at James Bay United Church?

Some people choose to take the step of becoming a member as a way of outwardly saying YES! to what they are already experiencing inside – a spiritual awakening or re-awakening; a desire to grow in faith, in hope and in love; an eagerness to be part of helping this congregation be home for the hearts of others. If this speaks to you, please speak to Karen to talk more about the why and what and how of membership.