



Discipleship and Sabbath

Matthew 11:28-12:8

Week of Jan.19, 2020

Jeff Beselt

Objective of this study: To understand more what really matters to God, and what his heart is like..

[Remember, the main goal of each Growth Group is to allow God's Word to change your heart so that others would see Jesus in you and be likewise changed to be like him. He wants to change the world through us.]

Worship (5 – 10 minutes)

1. Sing a song or two of praise and thanksgiving to God.
2. Spend five minutes in silence asking God to prepare your heart for hearing his word. After the silence, have someone read **Psalm 23:1-6** meditatively to the group. Pause after each phrase letting God speak to you. **Did anything "jump out at you"?**

Welcome question

How are discipleship and rest related?

[It's really important when doing this study that we each think about ourselves specifically and ways we need to grow, not how Christians in general need to grow. Do the hard work of letting the Holy Spirit speak to *your* heart.]

Word/Work (60-90 minutes)

1. What stood out from the sermon?
2. Read Matthew 11:28-12:21.
3. Matthew 11:28-30 has been referred to and preached about often at CRBC in the past few years. How has it spoken to you? How would you put it into your own words and explain to someone else what Jesus' message is here?
4. Galatians 5:10 and 17 say "Find out what pleases the Lord" and "Don't be foolish, but understand what the Lord's will is."
5. With that in mind (see the verses in #4), review Matthew 12:1-21 and look for what pleases the Lord, and what doesn't please him, what his will is and what it isn't.
6. Read Matthew 12:7-8 again and also Hosea 6:6. Who was Jesus speaking to in Matthew 12? What is the mistake they could have avoided if they had understood God's desire in Hosea 6:6?
7. "I want you to show love, not offer sacrifices. I want you to know me more than I want burnt offerings" (Hosea 6:6 NLT). True confession from the Growth Group study writer: sometimes I put more priority on getting through my to-do list than on spending time with God, or taking time for someone God sends my way to love. This verse reminds me about what is really important to God and challenges me to change. What about you? Has the Holy Spirit nudged you about something through the sermon or these passages we've looked at in this study?

Prayer:

1. Spend the rest of the time praying for each other. **Thank God for how he loves us through other believers.** Here are some things you can pray about for the church:

A. That, as a church, we would actively and purposefully engage in the mission of Jesus in Campbell River.

B. Our church board and staff as they lead us to live out the mission of Jesus.

C. River Kids ministry as they reach out to kids in our community.

D. **Our missionary of the week: The Cardonas.** (Check out the church [website](#) for how to pray for them.)

E. **Local church: Black Creek Community Church.**

Radiant Life January Drive - Men's pants, hoodies, jackets.