



2-Who Needs God?

Value

Psalm 139:1-8, Ephesians 2:1-9

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. Amy Morin mentions five common measuring sticks we use for determining our self-worth: 1) The people who surround you (what people say about you). 2) The things you do. 3) The amount of money you have or don't have. 4) The things you achieve. 5) Your appearance. Which one or two of these are you most prone to look to for your own self-worth?
3. Often we value ourselves based on what we do or what has been done to us. One we can control to a degree, the other is beyond our control. Regardless, how could both ways leave us hurt and wanting?
4. In your own words, describe why you agree or disagree that God is our best measuring stick when determining value.
5. Read Psalm 139:1-18. God Values You! It's personal. What parts of this psalm encourage you most regarding God's personal interest and value of you?
6. Read Ephesians 2:1-9. Our sin devalues us. How has your own sin, or the sin of others left you feeling about yourself? How does the truth of sin in the first 3 verses make you feel regarding your value?
7. Re-read verses 4-5. In your own words describe what this means. What does this say about how our value has been redefined in Christ?
8. As a child of God, how might you value others this week the way God values them?
9. Pray together.