



# **Psalm 122 – A New Reason**

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. If you had a reason or excuses to not go to church, what would the top 3 be?
3. If you are a follower of Jesus what would you say to these excuses? And secondly, what would you say to someone who asked you why it is important to go to church?
4. Read Psalm 122:1-2. Have you ever been excited to go to the house of God? Why?
5. Read verses 3-5. What are the reasons the Psalmist gives as to why he is glad to go to the house of God, in his case that was Jerusalem? Read verses 6-9
6. Read Ephesians 2:19-22. How does this passage redefine the ways in which the Psalmist speaks about Jerusalem? Where does God dwell now? How does that impact our need to for the church (the congregation of God)?
7. Why is engaging in the church (meeting with God's people) an important part of our worship to God and our discipleship journey? (Look at the reasons the Psalmist gives for going up to Jerusalem, they are transferable to the church)
8. Why should we worship, engage with the church and meet with God even when we don't feel like it? Why can't our feelings always be trusted?
9. How has the church been helpful in your spiritual journey?
10. Pray together.