



# Psalm 120

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. Describe a favorite trip that you have taken. In what ways was the "yes" to that trip also a "no" to other destinations, but maybe also other trips because financially it wasn't all possible?
3. Following Jesus is a "yes", that is also a "no". In what ways might this be true and if you are a follower of Jesus how has this been true for you?
4. Read Psalm 120. What is the Psalmist distressed about? What change is he hoping for in himself and in his situation? What is the promise of God?
5. Repentance is a turning from the old, to a new way of living. In what ways have you experienced repentance as you came to follow Jesus?
6. The act of ongoing repentance is renunciation (to renounce). What old patterns, habits, or ways of thinking pull on you that you need to continue to renounce as you follow Jesus?
7. Read 1 John 2:15-17. How does this passage challenge you and what might it look like practically to live this out?
8. Pray together.