

# Diocesan NEWS



News and Views of the Roman Catholic Diocese of Kamloops





## Diocesan News

A publication of the Roman Catholic Church in the Diocese of Kamloops

The Diocesan News is an associate member of Canadian Catholic News(CCN).

### MANAGEMENT BOARD

Most Reverend Joseph P. Nguyen, Bishop of Kamloops – publisher; Gary Cooper, Adele Huculak and Claude Julien – advisory members.

### EDITORIAL POLICY

The Diocesan News seeks to increase the unity of the people of the diocese by providing current information about matters of Church teaching and policy, in addition to diocesan and parish news. News will be as up-to-date as possible, given the publication schedule, and generally will reflect relevant Church issues affecting this diocese. Diocesan and parish news will inform the people of the diocese about the activities of individuals or groups within the Church. The purpose of publishing this news is to celebrate activities that foster the life of the spirit within the diocese.

As publisher of The Diocesan News, the bishop is responsible for its content. Any material submitted for publication is subject to revision following editorial review for suitability, style and accuracy. The decision to publish unsolicited material depends on its relevance to the overall mission of The Diocesan News and availability of space. In all cases, contributors are urged to be concise and to strive for the highest standards of accuracy and fairness.

### GUIDE TO WRITTEN LENGTH

Most news can be told effectively in 300 words or less. Letters to the Editor should be as brief as possible.

### PUBLICATION SCHEDULE

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### MARCH DIOCESAN NEWS DEADLINE

February 7, 2018

#### The Diocesan News

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**COVER PHOTO:** Painting of Notre Dame du Canada (Our Lady of Canada), painted by Marius Dubois in 1984. (All Rights Reserved) This painting is presently located at the Notre-Dame Basilica in Montreal, Quebec. It was also widely used by the CCCB in 2017, the year in which the Catholic Church in Canada consecrated our nation to Mary.



## God's Squad 2017-2018

God's Squad 2017-2018 Kick Off on Saturday, September 30th welcomed guests for an afternoon of games, prayer, snacks, discussion and fellowship. Matthew Kelly spoke to us on screen sharing that Jesus loves us unconditionally and Jesus wants us to reach out to Him and get to know Him. The day was warm enough to play Capture the Flag outside before we devoured homemade tacos. Fr Fred joined us for supper. Several youth who have been participating for up to 5 years planned and led the event. The following Friday at our regular meeting, several of the guests returned for more of the same, registering for the coming year. Our fall program consists of hosting a Seniors Tea for seniors of Holy Family Parish and other guests. Preparing the food, serving the guests and providing the entertainment is all done by the youth. Mass ministry occurs monthly with the youth taking on the choir and Mass ministries for Sunday Mass. Our program aims to build friendships among Catholic youth in the setting of service, faith development and personal growth. God's Squad meets monthly at Holy Family Parish. New members are welcome. All youth in any parish, grade 8 - 12 are invited to participate. Contact [hfgodssquad@gmail.com](mailto:hfgodssquad@gmail.com) for more information.

*Submitted by Mary Anne Neutelings*



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## IMMACULATE HEART OF MARY SHRINE & RETREAT CENTRE



### DAILY MASS

8 a.m.

### SUNDAY MASS

11 a.m.

Rosary 10:30 a.m.

#### Words from our secondary patron, St. John Vianney

*'Humility is to the various virtues  
what the chain is to the Rosary:  
take away the chain and the beads  
are scattered; remove Humility and  
all virtues vanish.'*

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*"When God is the only goal, all  
disagreements are smoothed  
out, all difficulties overcome."*

*St. Virginia Centurione Bracelli*

## CLERGY ORDINATION DATES

Apr 28, 1966	Rev. Msgr. Jerry F. Desmond	Jun 6, 1992	Rev. Dale Normandeau
May 1, 2003	Rev. Lawrence Travis	Jun 29, 1998	Rev. Anthony Ackerman
May 10, 2010	Rev. Samuel Garcia	Aug 15, 1998	Rev. Vincent Asomugha
May 11, 2012	Rev. Paul Simms	Aug 18, 2001	Rev. Boniface Ogbenna
May 12, 2006	Rev. Andrew L'Heureux	Aug 24, 1996	Rev. Kenneth Anoruo
May 22, 2009	Rev. Clinton Pendleton	Aug 25, 2016	Most Rev. Joseph Phuong Nguyen (Episcopal Ordination & Installation)
May 22, 2010	Rev. Swann Kim	Aug 27, 1994	Rev. Vernantius Ononiwu
May 27, 1961	Rev. Martin Peyton	Oct 19, 1968	Rev. George Lagrange, OMI
May 27, 1967	Rev. Donal O'Reilly	Nov 1, 2001	Rev. Derrick Cameron
May 31, 1986	Rev. Fred Weisbeck	Dec 20, 2003	Rev. Emmanuel Onumadu
May 31, 1992	Most Rev. Joseph Phuong Nguyen (Priestly Ordination)		
Jun 1, 1991	Rev. Peter Hoan Nguyen		

## CLERGY BIRTHDATES

Jan 1	Rev. Patrick Anthony, SRC	Jun 12	Rev. Peter Hoan Nguyen
Jan 4	Rev. Swann Kim	Jul 23	Rev. Msgr. Jerry F. Desmond
Feb 8	Rev. Anthony Ackerman	Jul 23	Rev. Clinton Pendleton
Mar 2	Rev. Andrew L'Heureux	Aug 7	Rev. Vincent Asomugha
Mar 16	Rev. Donal O'Reilly	Aug 16	Rev. Kenneth Anoruo
Mar 25	Most Rev. Joseph Phuong Nguyen	Aug 28	Rev. George LaGrange, OMI
Mar 29	Rev. Fred Weisbeck	Aug 29	Rev. Dale Normandeau
Apr 25	Rev. Derrick Cameron	Aug 31	Rev. Peter Altamirano
Apr 26	Rev. Samuel Leonard, SRC	Oct 6	Rev. Lawrence Travis
Apr 27	Rev. Vernantius Ononiwu	Nov 28	Rev. Martin Peyton
May 6	Rev. Boniface Ogbenna	Dec 1	Rev. Emmanuel Onumadu

### Virginia Centurione Bracelli

1587-1651 | December 15



Unable to persuade her parents that she had a religious vocation, Virginia was married at age 15 to the son of another notable Italian family. But he gambled, lived dissolutely and died after only five years. Virginia, despite her unhappiness in the marriage, nursed him at the end. She vowed to live celibately thereafter, bringing up her two daughters and caring for abandoned children, especially girls. She founded several schools and the Sisters of Our Lady of the Refuge on Mount Calvary. She was canonized in her hometown, Genoa, in 2003.



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# Serra Club of Kamloops Diocese— Charter Celebration, Friday October 27, 2017

**INDUCTED MEMBERS OF SERRA CLUB OF KAMLOOPS DIOCESE** Back L-R: Mario Biscardi (Serra International), Vila Nova Carvalho (Serra Vancouver), Jerry Skalski, Tom Ouellette, Albert Leduc, Lawrence Beaton, Tony Bradwell, Frans Vander Woning, Daniel Raymond, Rev. Fr. Paul Simms (Chaplain), Garry Mayhew Front L-R: Deacon Paul Murphy, Margaret Ouellette, Teofila Beaton, Mark Lopianowski, Ewa Lopianowski, Penny Leduc, Most Rev. Bishop Joseph Nguyen (Spiritual Leader), Marianne van den Heuvel, Marlene Rombough, Ed Rombough, Annie Benson, (missing: Pat Benson)



The new Serra Club of Kamloops Diocese held their celebration at Our Lady of Perpetual Help Parish in Kamloops, BC on October 27, 2017 with a Celebration of the Eucharist, induction of members, installation of officers and a banquet. Guests included representatives of Serra International Council and of Serra Clubs of Vancouver and Fraser Valley West. The Kamloops Catholic Men's Choir led singing during the Liturgy.

Bishop Joseph Nguyen celebrated the Mass with four Diocesan priests as concelebrants. In his homily, Bishop Joseph referred to the Gospel reading (Luke 5:1-11) and emphasized the mission of Serrans, and, indeed, of all Christians, to act with humility and trust in Jesus "...to help him with his work in his Church," as did Peter. He called on the new Serrans to respond to the great need in our Church today and encouraged them to "never give up" and to involve Jesus in their efforts to "pay out (their) nets in action" and allow God "to bless us beyond our dreams."

Following the Final Blessing, Mr. Vila Nova Carvalho, President of Vancouver Serra Club and Past-President of Serra Canada Council, inducted nineteen members into the Serra movement and installed the officers and Chaplain Rev. Father Paul Simms for the Serra Club of Kamloops Diocese. He also honoured Bishop Joseph as Spiritual Leader of the Serra Club of Kamloops Diocese.

The new Serrans, representing several parishes within the Diocese, pledged to accept the objectives and purposes of

Serra. Deacon Paul Murphy, President and the other officers were called to "dream big dreams and to set challenging goals" and "to help (Serra) members to fulfill their vocations to service and to promote, foster and preserve vocations to the priesthood and religious life." Bishop Joseph blessed the members and officers and led them in praying an Act of Consecration to the Immaculate Heart of Mary.

Sixty people attended the banquet to celebrate the new Serra Club. Dignitaries and guest speakers included Mr. Vila Nova Carvalho, President of the sponsoring Vancouver Serra Club, Mr. Leo Ilomin of Fraser Valley West Serra Club, Mr. Mario Biscardi, President-elect Serra International Council, Most Reverend Joseph Nguyen and Deacon Paul Murphy. In his acceptance speech, Deacon Paul committed the members of Kamloops Diocese Serra to work diligently to achieve the objectives defined by Bishop Joseph, namely: to have seven Diocesan seminarians by 2022, to establish a Vocation Committee in each parish, and to establish a Vocation Club in each Catholic school in the Diocese.

Serra is an international Catholic lay organization for the promotion of vocations to the priesthood and consecrated life, for the affirmation of vocations, and for the spiritual development of its members. The Serra Club of Kamloops Diocese was established "in-formation" on May 27, 2017 with sponsorship from Serra Vancouver. Serra membership is open to all practicing Catholic lay men and women and deacons. For membership information, please contact: Mr. Albert Leduc (250-577-3462 / albertleduc@hotmail.com).



# BC & Yukon Knights of Columbus Receive Supreme Highest Award

The British Columbia & Yukon State Council under the leadership of Arcie J. Lim, State Deputy 2015 – 2017 achieved the Pinnacle Award, the highest membership award in the Circle of Honour and the first in the history of BC & Yukon State. Lim was also the recipient of the Jean Migneault Trophy for leading the BC & Yukon jurisdiction to number one position in Canada.


We also placed second overall in North America and 5th place in the entire Order, said Lim, who received the awards at the 135th International Supreme Convention held in St. Louis, Missouri from August 1 – 4, 2017.

The BC & Yukon State Council donated more than \$3.8 million to various charities as of the end of the calendar year December 31, 2016. The BC & Yukon knights are currently doing various fundraising to aid those who are affected by the BC forest fires. An initial donation of \$10,000 will be presented to the Diocese of Kamloops to help fire victims. Lim mentioned that their various programs like, Coats for Kids, Food for Families, Wheelchair distribution program in partnership with the Canadian Wheelchair Foundation, support to Special Olympics and many more have made significant impact to the various recipients in the local communities and third world countries.


Supreme Knight, Carl A. Anderson, stated in his annual report that last year, the Knights of Columbus donated a new record high of \$178 million and 75 million volunteer hours worldwide. In the past three years, the Order's Christian Refugee Relief program has so far raised and donated more than \$13 million to help the persecuted and displaced Christians in Syria, Iraq and Lebanon. Donations to Youth programs totalled more than \$4.5 million including the \$1.3 million spent in support of the 2016 World Youth Day in Krakow, Poland. Over \$1.6 million went to support various Vocation programs last year. The Order spent over \$3.3 million to support Pro-life activities including a grant of \$50,000 to March for Life Canada.

The Knights of Columbus was founded in 1882 and is the largest Catholic, family, fraternal organization in the world with nearly 2 million members. Members in good standing received free fraternal and financial benefits. Its \$20 million Vicarius Fund helps support the Holy Father's personal charities throughout the world. Last year, the Pope was presented a cheque for \$1,650,000 from the Fund's earnings. The Canadian Catholic Conference of Bishops and Salt & Light television are some of the recipients of the Knights of Columbus generosity.

*Submitted by Henri Mercado*





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# The Bishop's Message



My dear friends in Christ,

You may notice that, in our society, Christmas has become very commercialized and pagan.

Every day in this season, radio, TV, and newspapers comment on how people over-spend and eat and drink excessively. To celebrate Christmas we

need to come back to the true meaning of Christmas.

Why is Christmas so important for us? Christmas is all about the Incarnation. God took on our human nature in order to confer on us the dignity of God's children and to show us our eternal destiny in heaven. By becoming a child, completely dependent on human care, God took away the distance between the divine and the human. In Jesus, God lived among us to show us how to live out the fullness of our humanity; therefore religion and holiness have become very real.

Christmas tells us that religion is about finding God, not outside of our lives but within them and to find Him we need to learn from the humble shepherds.

After receiving the message from the Angels, the shepherds did not sit back. They went and searched for the Child until they found Him. The message from heaven demanded action from them. Despite the dark and the cold,

they eagerly and faithfully made the journey to Bethlehem to find Christ. Still, the Gospel tells us something more important, that is, on their way back when the excitement died down, the brightness of the star faded, they had to face back to the dark and cold, they continued to glorify and praise God for all they had seen and heard. They went back to their flocks. They returned to the same lowly work. Life went on as before but with one major difference: their hearts were filled with wonder.

Christmas invites us to open our hearts to God's wonder and to open our hearts means to begin to live with the gift of Incarnation. This is the great joy of Christmas but also a very demanding call for us.

May the great joy be yours so that you may fulfill the demand of Christmas.

*Merry and blessed Christmas,*

**✙ Joseph Phuong Nguyen**  
BISHOP OF KAMLOOPS







The Kamloops Diocesan Council of Development & Peace - Caritas Canada held its Annual General on October 14, 2017. The meeting was held at the St. John Vianney Church's Friendship Room. Many of the people present attended the Oktoberfest in the Parish hall that evening, as part of their D&P 50th Anniversary Celebration.

**Back Row:** John Corrigan, Harry Heemskerk, Jeremy Laurie (Animator for BC/Yukon In-Canada Programs), Laurie Desaulniers, Paul Desaulniers; **Front Row:** Theresa (Terry) Heemskerk, Louise Fox, Minnie Mathieu. Missing Attendees: Msrg. Jerry Desmond, Deacon Eddie Lavoie, Lyn Cuikimdit, Liz Corrigan. **Regrets:** Peter and Sheila Hart, Anna Correia, Doreen Gowans, Rich McCleary



### ARE YOU CALLED TO BE A PERMANENT DEACON? PERMANENT DIACONATE - DIOCESE OF KAMLOOPS

Have you heard of the Permanent Diaconate?  
Ever wondered what this Roman Catholic Ministry is all about?  
Have you ever felt a call to serve God in this way?



Bishop Joseph Nguyen has given the direction to begin a Permanent Diaconate Formation Program in the Diocese of Kamloops, effective September 2018.

This formation program will be a 4-year period of prayer and faith development, study, and pastoral development. Men between the ages of 31 and 60 are invited to inquire about this Ministry and Program by contacting

Deacon Paul Murphy  
deaconservant1@gmail.com or 778-212-2020

"Deacons play a vital role in evangelizing both to the gathered and scattered in our faith community. Their ministry is of great importance to our Diocese answering the call of Jesus to love and service."  
Cardinal Thomas Collins, Archbishop of Toronto

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# Testimonials from St. Therese School of Faith, Bruno, Saskatchewan



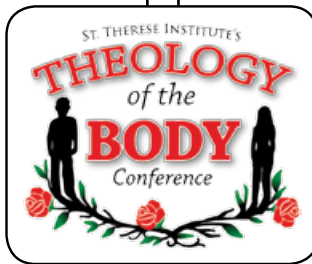
For the past two months, I have been in Bruno, Saskatchewan, attending St. Therese School of Faith and Mission. I expected a great experience of learning and growing in my faith, but it has been far better than I imagined.

The community life is amazing, with thirty-three brothers and sisters striving towards the same goal of living

the "little way." Although people often reduce this little way to simply the practice of doing little things with great love, St. Therese's approach teaches us so much more. She understood that she (and likewise each person) was a very little soul in great need of God's infinite mercy. Rather than trying to forget about her weaknesses and sins, she loved them, recognizing that they would draw her closer to God. She abandoned herself humbly and completely to God's love and mercy, which she knew would be attracted by her brokenness. Another aspect of St. Therese's outlook is the "duty of the moment." Since we cannot change the past and the future is not yet here, the only way we can be holy is by doing the right thing at each moment. Living with these attitudes is life changing, and it makes me realize God's infinite love and grace more than ever.

I have learned so much here, yet everything has been so connected to my faith. I am excited to see how much I have learned and grown at the end of the year, since being here has already made such a difference in my life!

*Submitted by Lorissa Hohman*



My dear brothers and sisters in Christ!

Greetings from Bruno Saskatchewan! I have been here at St. Therese School since September 4, and so far I have truly seen God's blessings working in me here!

I heard about this school through their main promoter Chris O'Hara, who was at the summer camp Ignite BC. At first when he mentioned ever coming to the school I would quickly shrug it off, telling



myself I could never EVER do something like that, and now, here I am!

It was in the realization that I needed to know more of what I believe in that drew me here to St. Therese, and so far I have not been disappointed in the least.

Included in the formation is our weekly classes of Church history, Morality, Scriptures, Foundations of Catholicism and Philosophy. There is SO much to learn about our Faith!! It's truly amazing and mind

blowing all at once! Crazy to think we can just agree to believe without really knowing the depths of it all.

Besides amazing classes, living in community life has been quite the experience I am so thankful to have. Learning to live as brothers and sisters is such a huge blessing and something I will look forward to taking back out into the world with me.

God bless you all, may the peace of Christ reign in your heart's always, please pray for all the students of St. Therese as we will for you!

*Sincerely, Ellie Rosario  
God's presence for eternity.*



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# Seminary Life: A Seminarian's Perspective



In the video *Fishers of Men*, someone comments that nature and humans grow in silence. A vocation also grows in silence. Today's world is inundated with noise, making it difficult to discern one's calling. The seminary offers a place for someone to enter into deep prayer and to discern God's will for him.

As I begin my second year at St. Joseph Seminary, I am able to reflect on this past year and to recognize God's graces working in my life. Although it is difficult to single out any

one aspect of seminary life, what I perhaps enjoy the most is the community life and structure in the seminary.

There are fifty men (including the priests on the formation team) who live at the seminary. As a community, we participate in the Mass, pray, eat meals, play sports and partake in recreation together. There are men of varying ages, backgrounds, life experiences, parts of the world and education. Our only similarity is that we are all discerning the same vocation/calling. It is fulfilling being able to share our experiences of discernment and to encourage each other.

Seminary life is a profound encounter with God by way of prayer and a peaceful, personal and communal life experience. The priestly formation team gently guides us towards the actualization of a calling which no man is worthy of; but, through the grace of God, says yes to a selfless life of service for our Lord Jesus Christ.

Please pray for Bishop Joseph Nguyen, all the priests in our diocese, for Dominic Rosario, the other men in our diocese who are discerning entering the seminary, and for me. It is only through our priests that we are able to partake of the sacraments.

*Submitted by Giovanni Muraca,  
Seminarian at St. Joseph's Seminary, Edmonton, AB*

**NEXT ISSUE: Dominic Rosario's Perspective**



**Congratulations to Roger and Lillian Schreiner who celebrated their 65th Wedding Anniversary this year. They were presented with a Papal Blessing at St John Vianney Parish. Pictured above (L-R), Kathleen Schreiner, Roger and Lillian, Michael Schreiner, Monsignor Jerry Desmond.**



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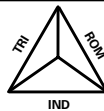
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# Witness through Prayer & Peaceful Activism



From September 27 to November 5, 2017, Choose Life 40 Day Prayer Vigil drew attention to the sacred value of life from conception to death. Through prayer and peaceful activism, participants were seeking God's favor to turn hearts and minds from a culture of death to a culture of life. As a peaceful and educational presence, they stood witness to send a powerful message about the tragic realities of abortion, euthanasia and assisted suicide.

Over 120 individuals mainly from Catholic and Orthodox churches took time from busy lives to draw attention to the value of life. Averaging over 15 people daily, praying inside and outside for up to three hours, meant the power of prayer was visible in the community. No real protest occurred during the 40 Days as did last year. However, interesting events occurred during the time.

A closed highway on one day resulted in many more people seeing the signs as the traffic backed up in the downtown area. Another day, an indigenous man asked how the Catholic Church could promote life when so many lost their lives and way through the residential school experience. In a quiet and respectful manner we talked about the sad situation which resulted from human error and how heart-breaking it is for those still recovering. He left feeling understood. A couple excitedly thanked the witnesses for life. They were on their way to meet their new adopted grandchild at the hospital. A mom had chosen life and their son's family was adopting the baby boy. Who knows how people's hearts are softened and converted by the prayers raised up during the 40 day devotion?

If one abortion, suicide or euthanasia is averted, the thousands of total hours dedicated are worthwhile. Pray continuously for Canada and our community: Holy Michael the Archangel defend us in battle, Prayer for Life, Prayer for Canada and Rosary for Life, Act of Reparation for the Sacred Heart of Jesus and other chosen prayers.

Photos and details, at <https://www.facebook.com/Choose-Life-Kamloops-1776616792609982> or search Choose Life Kamloops.

*Submitted by Kathy Dahl*





# Bishop Joseph's Travels



**Vancouver Fundraiser:** In September, Bishop Joseph held a fundraiser for vocations with the Vietnamese community in Vancouver. Special thanks to Archbishop Michael Miller for his support of this event. Pictured: Fr Fred Weisbeck, Fr Paul Simms, and Bishop Joseph with several attendees and volunteers.



**CCCB Assembly:** Bishop Joseph pictured with painting of Notre-Dame du Canada painted by Marius Dubois. This painting was on display at the CCCB Plenary Assembly. This image is featured for the cover of our Diocesan News.



**Blue River:** Bishop Joseph, Monsignor Jerry Desmond, Fr Fred Weisbeck, and Fr Boniface Ogbenna met with parishioners at Our Lady of the Snow Parish in Blue River.



**Logan Lake:** Bishop Joseph was in Logan Lake where he had his first meeting with right Reverend Barbara Andrews (Anglican Bishop). Pictured (L-R): Reverend Kenneth Anoruo, Right Reverend Barbara Andrews, Most Reverend Joseph Phuong Nguyen, and Reverend James White.



**CCCB Assembly:** Bishop Joseph at CCCB Plenary Assembly held in Cornwall, Ontario.



# 'Carmelite Corner'

November 2017

Fall is gone and winter has arrived! Fall left with a bang! Literally – on October 17th a severe wind storm downed several trees and branches including two massive willow trees on the monastery grounds. Luckily no one was hurt, *(except maybe for sore backs and muscles as they cleaned up the debris)* and no buildings or fences were damaged, but the power did go out!

However, the weather on October 17th did not deter a visit to the Monastery from four members of the Catholic Women's League of St. Joseph's parish in Armstrong along with several of their lady friends (14 to be exact!) from the Zion United Church in Armstrong. What a great ecumenical event it was! The United church women were curious and interested in the Sisters and the Monastery. Myself, and Guild President Bruce Lines were invited and happy to attend. I read a bit of the history about the Discalced Carmelite Order – who they were, their purpose and how they came to Armstrong. We provided information about the Guild, shared stories of answered prayer and addressed questions, giving them an idea of the Sisters life. After our talk we proceeded upstairs to the chapel for a brief look and some stayed for quick prayer. The ladies then browsed the many gifts in the foyer and purchases of jams, jellies, cards and other gifts were made. They were thrilled to see and speak with Sister while paying for their gifts. Downstairs we enjoyed more fellowship and goodies to eat. As the power was out we served 'thin, cool, tea = plain water', a description from Ria Wanner, Armstrong CWL member, who helped organize the event. Left over baked goodies remained for the Sisters to enjoy.

I strongly recommend that all our parishes, CWL councils, youth groups, etc., **consider a similar visit** to the Monastery. It is informative, interesting, spiritual and fun! All it takes is a call or email to Mother Ann, to arrange the date and time. I also suggest that you invite the Guild to attend and help with facilitating the tour and providing information. Mother Ann advises the downstairs hall area is available for meetings or visits such as this and Mass can be arranged. There is no charge – a donation may be given if you wish. The Sisters are so happy to have visitors!



Submitted by Mother Ann  
One of several downed trees during the windstorm.

One topic that came up during this visit was the process of 'answering God's call' to becoming a Nun.

**Mother Ann advises:** "There are many stages for a woman wanting to be a Carmelite Nun.

- We get to know the candidate through writing and usually a visit; followed by a live-in experience, preferably at least 3 weeks but not to exceed 3 months.
- Next she may fill out an application to become a Postulant, and if she is accepted it is for one year and may be extended 6 months. She wears a simple brown and white outfit.
- If admitted to become a Novice she is clothed in the Carmelite Habit. Novitiate lasts for 2 years.
- After that is 'First Profession of Temporary Vows' for one year and renewed for 2 consecutive years. Temporary Vows may be extended up to nine years before making 'Final Profession'.

These stages are considered initial formation, as an **on-going formation** is important in our life. To be continually formed to the likeness of Christ our Spouse - to seek the Face of God through continual prayer. We thank you all for your support and prayers for us and for those who are asking to "come and see" that they may persevere in the grace of their calling."

At the time of this writing Mother Ann states they are dealing with clearing snow and broken branches from the first snow fall of the season, and says at least we will not be wondering whether or not we will have a white Christmas! And as the Christmas season draws closer, they look forward to packing up boxes for the Guild fundraiser at St. Joseph's Church in Salmon Arm. The jam sales are a big part of the fundraiser, and the Sisters say '**thank you**' to all those who sent the 250ml jars for jam.....they can always use more!

The Guild and the Sisters are thankful to all who pray diligently for an increase to religious life; please keep praying. With the start of a new year, the Carmel of St. Joseph Guild will be looking for your membership renewals, and of course new membership are always needed and welcomed!

**Wishing you a Blessed and Peaceful Christmas filled with Love and Joy as you celebrate the birth of our saviour Jesus Christ. Merry Christmas!**

*The Carmelite Nuns of Armstrong are deeply concerned about the problems and the difficulties of the people of God in the surrounding area and around the world. Everyone is invited to phone, write, email or visit the Monastery to request prayers for special intentions.*

Website [www.carmelspall.org](http://www.carmelspall.org) Phone: 1-250-546-8801  
Mail to Carmel of St. Joseph Monastery,  
4815 Salmon River Road, Armstrong, B.C. V0E 1B4

God Bless all you do in His name,  
Mrs. Terry-Mae Sinclair





# Make a Defense: Defending Catholic Church Teaching with the Help of a Scripture Cheat Sheet

Rev. Dale Normandeau, Pastor at Our Lady of the Mountains in Whistler

When asked "is it possible to defend the teachings of the Catholic faith by means of scripture?" the answer is a resounding "Yes!" The problem is, many Catholics do not know which scripture verses confirm which Church teaching. To help in this, Christopher Wong, a Catholic Apologist, developed a 'scriptural cheat sheet' to enable Catholics to better defend their faith by means of scripture. I availed myself of this apologetical resource, as well as other resources, and am passing on to you some of what I gleaned from this:

## Scripture Passages that describe God as a Trinity:

**Genesis 1:26** – God speaks of himself in the plural.  
**Matthew 28:19** – Call to baptize using the Trinitarian formula.  
**2 Corinthians 13:14** – Triune nature of God expressed as a blessing.  
**John 1:1** – The Word being with God from the beginning.

## Scripture Passages that Describe Christ's Divinity:

**Isaiah 9:6** – Prophecy of the incarnation, whose name will be "Mighty God."  
**Matthew 16:16-17** – Peter describes Jesus as "the Son of the Living God." He is commended for his answer.  
**John 8:58** – Jesus speaks of himself pre-existing Abraham, with the phrase "I Am", which is God's sacred name.  
**John 10:30** – "I and the Father are one."  
**Colossians 2:9** – In Christ is the fullness of deity.  
**Hebrews 1:1-3** – Christ bears the very stamp of God's nature.

## Scripture Verses that contradict Sola Scriptura (Scripture Alone):

**John 21:25** – Not everything Jesus did is found in scripture.  
**2 Thessalonians 2:15; 2 Timothy 2:2; 1 Corinthians 11:2; 1 Thessalonians 2:13** – In these passages, St. Paul refers to an oral (unwritten) tradition.  
**2 John 1:12; 3 John 1:13-14** – The inspired author makes more references to an oral tradition.  
**Acts 8: 30-31** – This verse makes the case for guidance in interpreting scripture.  
**2 Peter 1:20-21** – This passage warns against private interpretation of scripture.  
**2 Peter 3:16** – Another warning against private interpretation of scripture, because it can be misinterpreted.

## Scripture Verses that contradict Sola Fide (Faith Alone):

**James 2:14-26** – One is justified only by the presence of both faith and works.  
**Hebrews 10: 26-27; Romans 8:12-13** – One must avoid sin.  
**Luke 6:46-49; Matthew 7:21; Matthew 19:16-21; John 5: 28-29** – One must be engaged in doing the work and will of God to be saved.  
**1 John 2:3-6; 1 John 3:24; 1 John 5:3** – One must keep the Commandments.  
**Philippians 2:12; 2 Corinthians 5:10; Romans 2:6-13; Matthew 25: 32-46; Galatians 6:6-10; Revelation 20:12** – These verses make the case for good works being a prerequisite for salvation.

## Scripture Verses that contradict the sentiment 'Once Saved, Always Saved'

**Philippians 2:12** – Work out one's salvation with fear and trembling.  
**2 Peter 2:20-21** – The Righteous can fall.  
**Hebrews 4:1** – One must take care to not fail to reach salvation.  
**Hebrews 10: 26-29** – Those who have been sanctified can still lose salvation through sin.  
**1 Corinthians 9:27** – St. Paul expresses the fear that he might be damned if he does not discipline himself.  
**Hebrews 6: 4-8** – It is possible for believers to lose salvation.

*Cont. pg 14*



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## Making Your Defence cont'd

### Scripture Verses that confirm the existence of Purgatory:

**2 Maccabees 12:43-46** – Approval is expressed for Sacrifices offered on behalf of the dead, “so that they might be delivered from their sins.”

**1 John 5:14-17** – A distinction is made between mortal and venial sins.

**Revelation 21:27** – Nothing unclean shall enter heaven.

**Luke 12:58-59; 1 Corinthians 3:15; Matthew 5: 25-26** – Passages relating a temporary agony.

**1 Peter 3:18-20** – Christ is described as preaching to the dead.

### Scripture Passages that confirm the Church's teachings concerning Christ's presence in the Eucharist:

**Matthew 26:26-27; Mark 14: 22, 24;**

**Luke 22:19-20; 1 Corinthians 11:24-25** –

Scripture passages relating the institution of the Eucharist.

**John 6:32-58** – Discourse on the Eucharist.

**Exodus 12:8, 46** – Consuming of Paschal Lamb a necessity.

**John 1:29; 1 Corinthians 5:7** –

Jesus is referred to as the Lamb of God.

### Scripture Passages that confirm what the Church teaches about Baptism:

**Acts 2:38-39; 16:15; 16:33; 18:8; 1 Corinthians 1:16** – Baptism is for everyone, including children.

**Matthew 28:18-20** – Baptism an intrinsic part of discipleship.

**Acts 22:16** – Baptism removes sin.

**1 Peter 3:21** – Baptism saves.

**Colossians 2:11-12** – Circumcision is replaced by baptism as an initiation into the Covenant.

### Scripture passages that confirm the delegated authority to forgive sins:

**John 20:22-23** – “If you forgive the sins of any, they are forgiven them.”

**Matthew 18:18** – Binding and loosing on earth and in heaven.

**2 Corinthians 5:18** – The ministry of reconciliation has been passed on from God.

**James 5:14-16** – Anointing of the sick and forgiveness of sins.

### Scripture passages that confirm the institution of the Papacy:

**Matthew 16:18-19** – Jesus gives primacy to Peter, gives him the keys, calls him ‘Rock’.

**John 1:42** – Jesus identifies Simon as Cephas (‘Rock’ in Aramaic).

**Isaiah 22:22; Revelation 1:18** – Keys are a symbol of authority.

**Matthew 10:1-4; Mark 3:16-19; Luke 6:14-16; Acts 1:13; Luke 9:32** – Peter is named first, as the foremost Apostle.

**Matthew 18:21; Mark 8:29; Luke 12:41; John 6:68-69** – Peter speaks for the other Apostles.

**Acts 2:14-40; Acts 3:6-7** – Peter is first to preach and work first healing.

**Luke 22:31-32** – Peter is told to “strengthen your brethren.”

**Luke 10:1-2; John 13:20; 2 Corinthians 5:20; Galatians 4:14; Acts 5:1-5** – Christ hands on delegated authority.

### Scripture passages that confirm the institution of the priesthood:

**Acts 15:6, 23; Acts 14:23; 1 Timothy 4:14, 5:22; 1 Timothy 5:17; James 5:13-15** – These passages relate how priests were ordained, preached, taught and administered the sacraments.

**1 Corinthians 7:7-9; Matthew 19:12;**

**1 Corinthians 7:32-33; 1 Timothy 4:11-12** – Passages that make the case for celibacy.

**Genesis 14:18; Psalm 110:4; Hebrews 7:1-7** – Melchizedek, as a foretaste of Christ's priesthood.

### Scripture passages that describe the honour due to Mary:

**Luke 1:28** – Angel Gabriel addresses Mary as “favoured one”, meaning ‘you have been graced’ or ‘full of grace’.

**Luke 1:46-49** – Mary describes herself as ‘blessed’.

### Scripture Passages that describe the use of statues and relics:

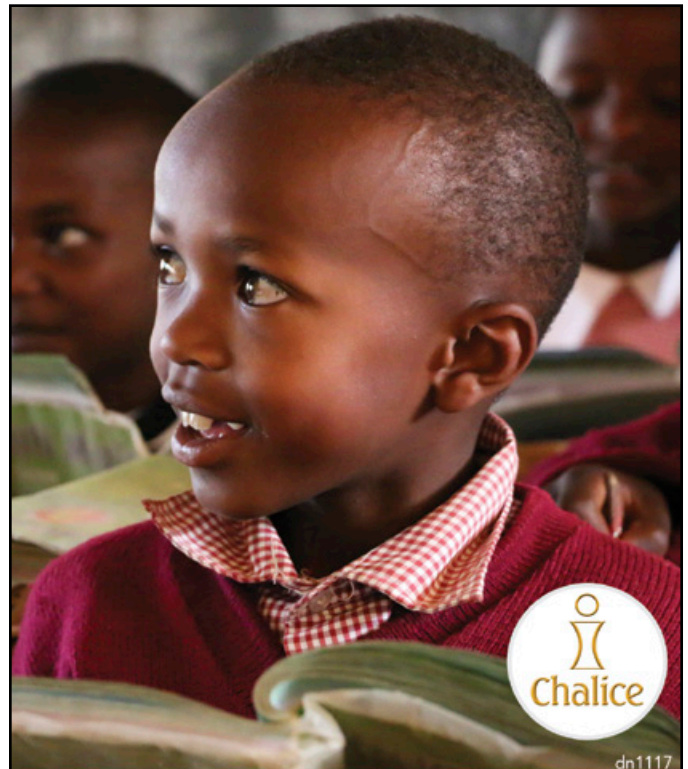
**Exodus 25:18-22; 26:1, 31; Numbers 21:8-9** – God commands images to be made.

**1 Kings 6:23-29; 35, 7:29** –

King Solomon's Temple having statues and images.

**Acts 19:11, 12** – Paul's apron and handkerchiefs brought healing to others.

**Acts 5:15-16; Matthew 9:20-22** – People are healed by means of Peter's shadow and Jesus' garment.



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Group Photo of Pilgrimage

## Pilgrimage to Mexico and Our Lady of Guadalupe, October 17-23, 2017

I hope I can do justice in describing the opportunity given to me to be a part of the Pilgrimage to Mexico and Our Lady of Guadalupe Shrine. Not being a frequent traveler and having the tour all planned, being shepherded by a great tour guide, having Fr. Dale accompany us to say daily Mass, and lead the Rosary on the bus was in and of itself a blessing. Standing on the escalator and gazing at the Shroud of Our Lady of Guadalupe and re-consecrating my life and loved ones was something I will ponder for a long time. The dedication and reverence of the people at the Shrine was so inspiring. Many people travel miles and miles and sleep overnight there just to visit and experience this Holy place. I did manage to climb to the top of the Sun pyramid, learn how expensive it is to have my laundry done at a hotel, have a Corona beer on a trajinera, experience numerous vendors, many historical sites and also experience a taxi ride where stopping at a red light is just a suggestion. A big thank you to Brian Lees for organizing this pilgrimage, Fr. Dale for being our tour Chaplain and all the fellow pilgrims for an amazing and memorable trip.

*June Pfannschmidt, Our Lady of the Valley Church*



Fr. Dale celebrating Mass



"Pilgrims and families arriving from all over South America, mostly from Peru, who don't have money to stay at hotels. They make tents or sleep under blankets on the square and streets around the Basilica"





# Excerpt from Pope Francis communication to young Canadians on October 22, 2017

## HIS HOLINESS POPE FRANCIS



Dear young Canadian friends!

I'm happy to be able to spend a little time with you...when people work together looking for each other's good, the world reveals itself in all its beauty. I ask you, therefore, not to let the world be ruined by those without scruples, who only think about exploiting it and destroying it. I invite you to flood the places where you live with the joy and enthusiasm typical of your youthful age, to irrigate the world and history with the joy that comes from the Gospel, from having met a Person: Jesus, who has enthralled you and has drawn you to be with Him.

Do not let your youth be stolen from you. Do not allow anyone to slow and obscure the light that Christ puts in your face and in your heart. Be weavers of relationships signed by trust, by sharing, by openness even to ends of the world. Do not raise walls of division...Build bridges, like this extraordinary one that you are crossing in spirit, and that links the shores of two oceans. You are experiencing a moment of intense preparation for the next Synod – the Synod of Bishops. Its theme is *"Young people, faith and vocational discernment"*.

I also want to remind you of Jesus' words, those He said

one day to the disciples who asked him, "Rabbi, where do you live?" And Jesus answered, "Come and see." Jesus also turns His gaze on you and invites you to go to Him. Dear young people, have you encountered this gaze? Have you heard this voice? Have you felt that impulse to get up and be on the way? I am sure that, although din and dizziness seem to reign in the world, this call continues to resonate in your soul, to open it to full joy. This will be possible to the extent that you, through accompaniment of expert guides, undertake an itinerary of discernment in order to discover God's plan for your life...the plan He has for the life of each one of you – even when your journey is marked by danger and missteps, God, rich in mercy, tenders His hand to pick you up again.

The world, the Church, are in need of courageous young people, who are not cowed in the face of difficulties, who face their trials and keep their eyes and hearts open to reality, so that no one should be rejected or subjected to injustice or to violence, or deprived of human dignity.

Young people, let Christ reach you. Let Him speak to you, embrace you, console you, heal your wounds, dissolve your doubts and fears – and you shall be ready for the fascinating adventure of life, that precious and inestimable gift that God places every day in your hands. Go to meet Jesus, be with Him in prayer, entrust yourselves to Him, give your whole life over to His merciful love and your faith, and your faith will be the luminous witness of generosity and of the joy there is in following Him, wherever He should lead you.

Dear young people of Canada, my hope for you is that your meeting should be like that of the first disciples that the beauty of a life realized in following the Lord might open wide before you. For this reason I entrust you to Mary of Nazareth, a young person like you, to whom God turned His loving gaze that He might take you by the hand. Let yourselves be taken by Mary's, and let her guide you to the joy of saying a full and generous, "Here I am!" Jesus watches you and awaits a "Here I am!" from each of you. I bless you, I embrace you, and I greet you with affection while I ask you, please, to pray for me, so that I may be a faithful cooperator with your joy.



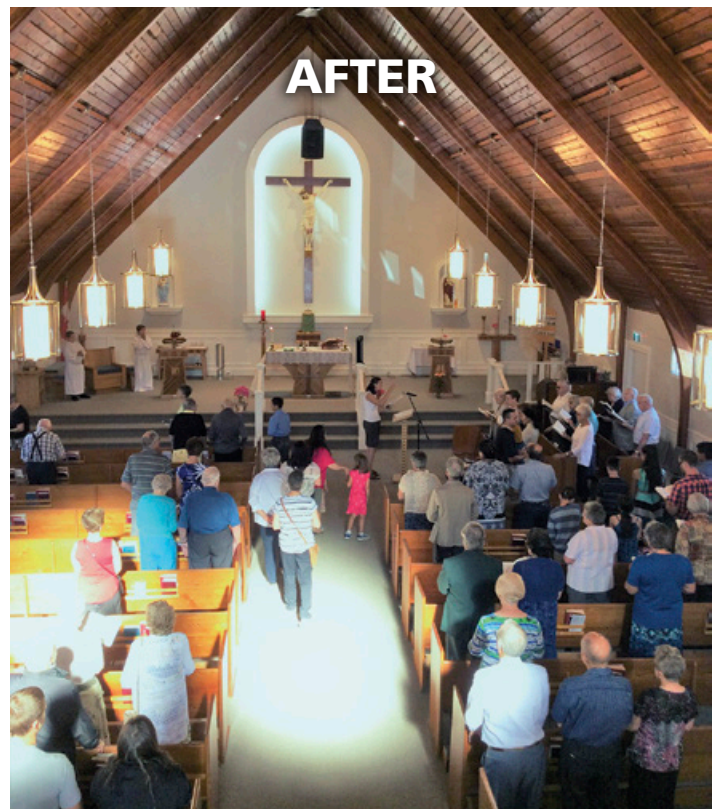
Fr. Martin Peyton



# A Successful Faith in Action Campaign for the Armstrong Parish



St. Joseph's Parish in Armstrong became one of the first parishes to meet and beat both their parish assessment and parish goal for their Faith In Action Campaign. This year's parish goal was the renovations within the parish which included new flooring and lighting. Before and after images are also shown. Congratulations to Fr. Tony and the parish on a very successful campaign.





## CISKD Sun Peaks Retreat

Pictures from the CISKD Staff Retreat at Sun Peaks. The Bishop and several priests celebrated the Mass at the Sun Peaks Grand Hotel. Pictured (L-R): Fr. Andrew L'Heureux, Fr. Samuel Garcia, Fr. Derrick Cameron, Bishop Joseph Nguyen, Fr. Martin Peyton, Monsignor Jerry Desmond.

Sisters Ernilynn and Maria Luisa even took part in the CISKD Gravity Cup Challenge.



## St. Ann's School Quesnel Celebrates "All Saints Day"

To celebrate "All Saints Day" the Grade 6/7 Class performed as Wax Museum Saints. When the students had their button pushed, the student would explain which Saint they were and gave a brief description of what their Saint did while alive. It was a great way to honour and learn about some very special people.



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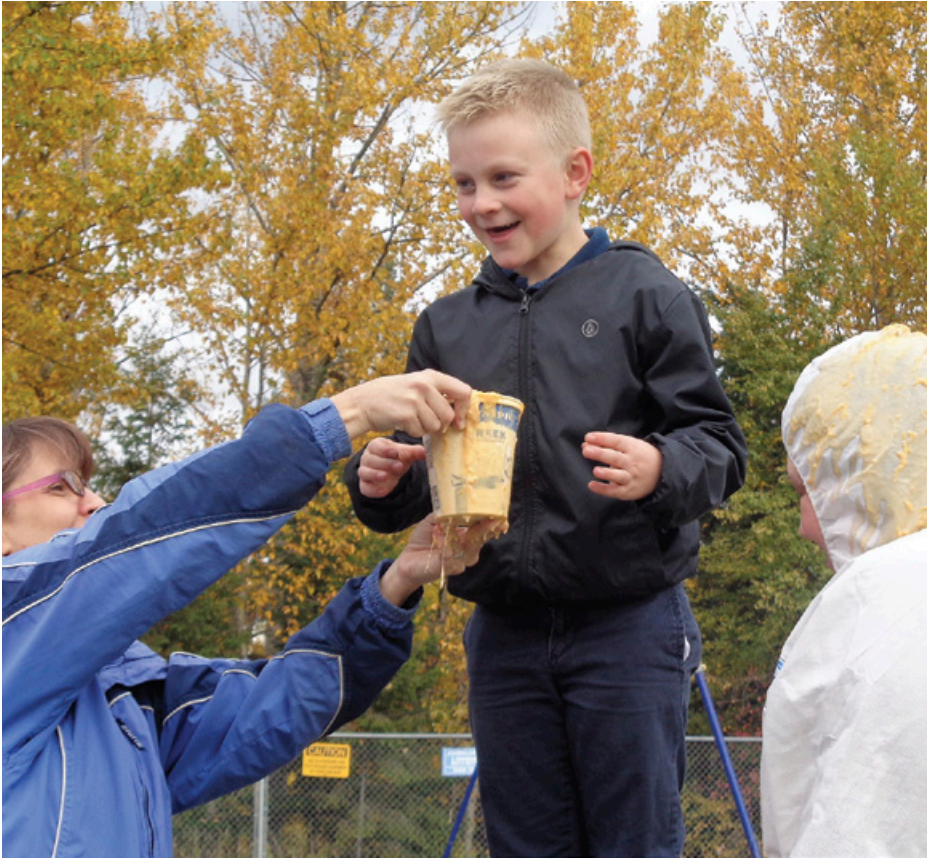
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# St. Ann's Quesnel Principal Gets Slimed

On September 28th, St. Ann's Quesnel, students and staff participated in the Terry Fox Run. This year's fundraising goal was \$1500. If the students reached that goal, they would be rewarded with "Sliming Mrs. Milley". The students raised

\$1958, so on October 12, students and staff enjoyed watching students take turns sliming, poor Mrs. Milley. There were lots of cheers! Mrs. Milley later reported that the coveralls did not work as well as anticipated.



The Commissioning of the Catechists was held at Sacred Heart Cathedral on October 1, 2017 at the 11:30 Mass, celebrated by Bishop Joseph.



# Christmas Mass Times 2017

Please refer to the diocesan website for any updated times or changes at [www.rcdk.org](http://www.rcdk.org)

## 100 Mile House – St. Jude's

**Dec 24:** St Joan of Arc at Lac La Hache OAP Hall – 4pm; St Augustine at Canim Lake – 6pm; St. Jude's 100 Mile House – 10pm

**Dec 25:** St. Jude's 100 Mile House - 9:30am; Holy Family Bridge Lake - 12:30pm

**Jan 1:** St. Jude's 100 Mile House - 9:30am

## Armstrong – St. Joseph's

**Dec 24:** 8pm; **Dec 25:** 9am; **Jan 1:** 9am

## Ashcroft – St. Gerard's

**Dec 24:** 6pm; **Dec 31:** 6pm

## Barriere – St. George's

**Dec 24:** 4pm **Dec 31:** 4pm

## Blind Bay – Our Lady of the Lake

**Dec 25:** 11:15am; **Jan 1:** 11:15am

## Blue River - Our Lady of the Snow

**Dec 25:** 2pm **Jan 1:** 2pm

## Carmelite Monastery

**Dec 24:** 10pm **Dec 25:** 7:30am **Jan 1:** 7:30am

## Cache Creek – IHM Shrine

**Dec 25:** 11am; **Jan 1:** 11am

**Dec 24 & Dec 31:** Bonaparte at St Louis – 4pm

**Dec 25 & Jan 1:** Skeetchestn at St Mary's Church – 9am

## Chase – Blessed Sacrament

**Dec 24:** 8pm at Chase Native Spiritual Centre (across the bridge)

**Dec 25:** 9am (at Blessed Sacrament)

**Jan 1:** 9am (at Blessed Sacrament)

## Chilcotin & Shuswap

**Dec 24:** Nemaiah – 1pm; Stone – 4pm  
Redstone – 8pm; Sugar Cane – 8pm;  
Anaham – 12 Midnight

**Dec 25:** Anaham – 9am; Toosey – 11am;  
Canoe Creek – 1pm; Dog Creek – 3pm;  
Alkali Lake – 6pm

**Jan 1:** Anaham – 9am; Alkali Lake – 1pm

## Clearwater – St. James

**Dec 24:** 7pm **Dec 25:** 11am **Jan 1:** 11am

## Clinton – St. Peter

**Dec 24:** 2pm **Dec 31:** 2pm

## Coldstream – Our Lady of the Valley

**Dec 24:** 6pm **Dec 25:** 10am & 12pm

## Enderby – St. Ann's

**Dec 24:** 6pm **Dec 25:** 11am **Jan 1:** 11am

## Heffley Creek – Our Lady of Lourdes

**Dec 24:** 8pm

## Kamloops – Holy Family

**Dec 24:** 7pm & 10pm **Dec 25:** 10:30am

**Jan 1:** 10:30am

## Kamloops – OLPH

**Dec 24:** 5pm (parish centre) & 8pm (church)

**Dec 25:** 8:30am & 10:30am

**Dec 31:** 5pm **Jan 1:** 8:30am & 10:30am

## Kamloops – Sacred Heart Cathedral

**Dec 24:** 5pm, 8pm, & 12 Midnight (all at Cathedral)

**Dec 25:** 8:30am & 11:30am **Dec 31:** 5pm

**Jan 1:** 8:30am & 11:30am

## Kamloops – St. John Vianney

**Dec 24:** 5:30pm **Dec 25:** 10:30am **Jan 1:** 10:30am

## Kamloops – St. Joseph's

**Dec 25:** 1pm **Jan 1:** 1pm

## Lillooet – St. John the Baptist

**Dec 24:** 10pm (Fountain Lake Reserve); 12 Midnight

**Dec 25:** 9am **Jan 1:** 9am

## Logan Lake – St. Michael's

**Dec 24:** 5pm **Dec 31:** 12 Noon

## Lumby – Sacred Heart

**Dec 24:** 7pm **Dec 25:** 9:30am

**Dec 31:** 9:30am **Jan 1:** 9:30am

## Merritt – Sacred Heart

**Dec 24:** Sacred Heart, Merritt – 7:30pm;  
(Children's Mass – Christmas Pageant);  
Our Lady of Lourdes, Quilchena – 10pm

**Dec 25:** Sacred Heart, Merritt – 9am

**Dec 31:** Sacred Heart, Merritt – 10pm

**Jan 1:** Sacred Heart, Merritt – 9am

## Okanagan Reserve – St. Benedict's (Head of the Lake)

**Dec 24:** 4pm

## Quesnel – St. Ann's

**Dec 24:** 5pm Children's Mass  
& 12 Midnight; 9pm at St. Kateri Tekakwitha

**Dec 25:** 9am **Dec 31:** 5pm **Jan 1:** 11am

## Salmon Arm – St. Joseph's

**Dec 24:** 5pm & 9pm **Dec 25:** 9am

**Dec 31:** 5pm **Jan 1:** 9am

## Sicamous – Our Lady of Fatima

**Dec 25:** 2:30pm **Dec 31:** 2:30pm

## Sun Peaks – Grand Hotel

**Dec 24:** 4pm

## Valemount - Good Shepherd

**Dec 24:** 4pm **Jan 1:** 4pm

## Vernon – St. James

**Dec 24:** 8pm & 10pm **Dec 25:** 8am

## Whistler – Our Lady of the Mountains

**Dec 24:** Whistler, Our Lady of the Mountains – 9am  
; Mt. Currie, St. Christopher's – 5pm; Pemberton, St.  
Francis of Assisi – 7pm; Caroling 10:30pm and Mass at  
11pm at Westin Resort (ballroom) Whistler

**Dec 25:** Whistler, Our Lady  
of the Mountains – 10am

**Dec 31:** Whistler, Our Lady of the Mountains – 9am;  
Mt. Currie, St. Christopher's - 11am; Pemberton, St.  
Francis of Assisi – 12:30pm

**Jan 1:** Whistler, Our Lady of the Mountains – 9am; Mt.  
Currie, St. Christopher's - 11am; Pemberton, St. Francis  
of Assisi – 12:30pm

## Williams Lake – Sacred Heart

**Dec 24:** 6pm **Dec 25:** 9am

**Dec 31:** 7pm **Jan 1:** 9:30am

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