ST. DAVID'S UNITED CHURCH Heart of the Matter May 17, 2020

'Kept in the Heart' Sixth Sunday of Easter Season

SPEND TIME

Prelude

"Day by day, as they **spent much time together** in the temple, they **broke bread at home** and ate their food with glad and generous hearts, **praising God** and **having the goodwill** of all the people." (Acts 2: 46-47a)

Opening Act of Centering our Hearts

Be still, O heart, you're not alone, your beat is shared with me. Come now, and calm, and center here, you're mine, secure and free.

Into your care, we offer now, our worries, fears and strife. We turn to you and know you're near– Your light, our love and life.

Let's light our candles and set our heart worry stones next to it.

Hymn A Light is Gleaming

A light is gleaming, spreading its arms through-out the night,
living in the light.
Come share its gladness,
God's radiant love is burning bright,
living in the light.

When light comes pouring into the darkest place, it hurts our eyes to see the glow. Sometimes a word of hope reminds us of our fears, our memories and tears.

A light is gleaming, spreading its arms through-out the night, living in the light.

Come share its gladness,
God's radiant love is burning bright, living in the light.

So, let us live in the brightness God has given, and let us rise to see the dawn.

We trust that God is here a sparkle and ablaze, warming all our days

A light is gleaming, spreading its arms through-out the night, living in the light.

Come share its gladness,
God's radiant love is burning bright, living in the light.

BREAK BREAD Blessing the Meal

Holy Peace-Giver,
Holy Peace-Giver

[continue to repeat the next lines in this way]
We gather in your name...
invited by Jesus...
bound together with your Spirit...
in union with each other...
Feed our bodies and our spirits...
with your comforting presence...
so that we might be your comfort to others...

Bless this food...
and break open our hearts...
Bless this drink...
and pour out your love...
Amen...

Breaking Open the Word with Scripture

John 14:15-21

SONG #944 Voices United

"Holy, Holy, Holy (Santo, Santo, Santo)
Holy, Holy, my heart, my heart adores you
My heart knows how to say to you, "Holy are you."

1 Peter 3:13-16a

Musical Interlude

Reflection

Action Response

Breaking Open our Lives with Discussion

What have you done lately to honor the holy in you—
to love yourself, and take care of yourself?
Have you witnessed people doing the right thing for others?
"Let's complete this sentence, "I honor the holy in me by taking care of myself (in/when/where) ______."

Breaking Open our Hearts with Prayer Spirit of Life

Spirit of Life, come unto me.

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea,
move in the hand, giving life the shape of justice.

Roots hold me close, wings set me free;
Spirit of Life, come to me, come to me.

PRAISE GOD!

HYMN: We are dancing in the heart of God x2 We are dancing, we are dancing x2 We are dancing in the heart of God x2

We are dancing in the joy of God x2 We are dancing in the joy of God x2 We are dancing, we are dancing x2 We are dancing in the joy of God x2

HAVE GOODWILL

Hold People in our Hearts- Make a large heart out of whatever paper you have on hand. Fill the heart with names of people you keep in your heart. This is a good time to talk with your family about the people they are missing and hope to see when we are back together after we've been in quarantine. Take a photo of the heart and send it to the people you have named to remind them that you hold them in love.

Benediction (based on Psalm 16)

Postlude